

# Central Adelaide Local Health Network

The Central Adelaide Local Health Network (CALHN) is an incorporated hospital that provides acute and community services to central metropolitan Adelaide and tertiary services to a wider catchment area.

Hospitals and services within the CALHN include the Royal Adelaide Hospital, The Queen Elizabeth Hospital, Hampstead Rehabilitation Centre, St Margaret's Rehabilitation Hospital, a range of sub-acute and primary health care services and a number of state-wide services.

## Royal Adelaide Hospital

Established in 1837, Royal Adelaide Hospital (RAH) is a 650 bed tertiary referral centre and teaching hospital of the Universities of Adelaide and South Australia, with a 188 bed rehabilitation facility and regional geriatric service at Hampstead Centre. The hospital admits adult emergency and elective patients into a wide range of specialist units. It offers a major trauma service and an intrastate, interstate and overseas retrieval service.



The Royal Adelaide Hospital is located within the central business district of Adelaide, adjacent to the Botanic

Gardens and the Eastern Parklands. The Universities of Adelaide and South Australia, the Art Gallery of South Australia, the Museum and the Adelaide Zoo are within easy walking distance. Rundle Street, Adelaide's popular café and shopping strip is nearby.

Royal Adelaide Hospital is a busy hospital which affords a wide variety of interesting work. It is strongly committed to supporting junior staff and their training needs. The Director of Clinical Training is responsible for supervising the training of interns. The Directors of Clinical Training, the Medical Education Officers and the Director of Medical Administration comprise a team that supports each intern's professional development, careers counselling, continuing education and personal welfare.

The Hospital community includes an active RMO Society. There is a Medical Officer's lounge and a gymnasium on campus. A wide range of social activities are organised from the campus.



## Intern Program Information

The Intern Training Program is offered in a supported adult-based learning style and comprises:

- Weekly lunchtime tutorials based on intern's learning needs (interns are released from normal duties to attend these tutorials). This program can also include some procedural skills training.
- Opportunity to attend a rich variety of Departmental Meetings and Grand Rounds held regularly within the hospital
- Supervised experiential training
- Simulation laboratory training

Interns are encouraged to give feedback and participate in the shaping of their learning experiences throughout the year.

## Orientation

A five day orientation program precedes the intern year. Attendance is compulsory.

## Rotations

The Intern roster comprises 5 rotations of approximately 10 weeks in duration. The rotations are balanced in order to satisfy the Medical Board of Australia's requirements for core terms in Medicine, Surgery and Emergency Medicine as well as optional terms for the individual intern's interests.

**Medicine:** Units include General Medicine, Thoracic Medicine, Neurology (Stroke), Gastroenterology, Medical Oncology, Radiation Oncology, Cardiology, Geriatric Medicine and Acute Medical Unit.

**Surgery:** Units include General Surgery, Orthopaedic Surgery, Vascular Surgery, Plastic Surgery, ENT, and Cardiothoracic Surgery.

**Emergency:** Emergency Department at Royal Adelaide Hospital.

**Non-Core Terms** include Psychiatry, Rehabilitation Medicine, Paediatrics (WCH), Obstetrics (WCH), Nights and Relieving.



## Support

The Director of Clinical Training and the Medical Education Officer are responsible for overseeing intern training and coordinating early postgraduate training. They are available for career advice and counselling for individual issues or concerns.

Assessments are carried out in the middle and at the end of each rotation and there are regular interviews throughout the year to discuss these and the intern's progress



# The Queen Elizabeth Hospital

The Queen Elizabeth Hospital (TQEH) provides acute health services to the western suburbs of Adelaide with a proud and strong tradition in the pursuit of excellence in clinical care, teaching and research. It is a 360 bed acute referral hospital that provides acute and elective surgery, acute and chronic general medicine, a range of sub-specialty areas and community-based services. TQEH is a centre of excellence for the provision of services for the older person and plays a key role in South Australia's medical education, training and research.

The hospital is undergoing an extensive redevelopment program. Completed components of the redevelopment include a 200-bed inpatient facility, multi storey staff car park and a three-storey contemporary state-of-the-art research facility. The research institute provides new administrative and education accommodation, plus car parking.

TQEH is affiliated with the University of Adelaide, with Professorial Chairs in Cardiology, Medicine, Surgery and General Medicine.



## Orientation

A five day orientation program precedes the intern year. Attendance is compulsory.

## Rotations

The Intern roster comprises five rotations. Each rotation is approximately 10 weeks in duration. The rotations are balanced in order to satisfy the Medical Board of Australia's requirements for core terms in Medicine, Surgery and Emergency Medicine as well as non-core terms for the individual intern's interests. Interns can choose from a range of core and non-core rotations including:

**Medicine** - Interns may gain exposure to subspecialty units such as: aged care, cardiology, neurology, respiratory, palliative care, general medicine and AMU

**Surgery** - The Surgical Units include General surgery, Colorectal surgery, upper GI, urology, plastic surgery & orthopaedic surgery

**Emergency Medicine** - The Emergency Medicine rotation is undertaken at TQEH.

**Non-core terms** include psychiatry, relieving & Medical and Surgical nights. Rotations to WCHN include Paediatric Emergency, Neonatology, Respiratory and General Medicine.



## Support

The Director of Clinical Training and the Medical Education Officer are responsible for overseeing intern training and coordinating early postgraduate training. They are available for career advice and counselling for individual issues or concerns.

Assessments are carried out in the middle and at the end of each rotation and there are regular interviews throughout the year to discuss these and the intern's progress.

## Further Information

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