

Southern Adelaide Local Health Network

The Southern Adelaide Local Health Network (SALHN) provides acute and community services to southern metropolitan Adelaide and tertiary services to a wider catchment area.

Hospitals and services within SALHN include Flinders Medical Centre (FMC), Noarlunga Health Service (NHS) Repatriation General Hospital (RGH), a range of sub-acute and primary health care services and a number of state-wide services.

SALHN is accredited every three years by an external survey team from the South Australian Medical Education & Training (SA MET), as a suitable institution for Intern training

Flinders Medical Centre

FMC is part of the SALHN and cares for patients across all disciplines and age groups, offering a true general hospital experience for interns.

The Intern Program:

The intern year at SALHN is continually being revised as we strive to achieve best practice principles and outstanding training programs for interns.

The rotations are balanced in order to satisfy the AHPRA requirements for core terms in Medicine, Surgery and Emergency Medicine, as well as optional terms to cover the individual's interests. There are five terms in the intern year of 10-11 weeks duration.

Intern training is coordinated by the Medical Education Officers (MEO) and Director of Clinical Training (DCT)

Clinical Rotations:

Our one year program provides interns with on the job training in medicine, surgery and emergency medicine as well as elective terms. Interns rotate to all sites in the network (FMC, NHS, RGH). All interns are given an opportunity to state their preferences for elective terms

Medicine: Terms are offered in General Medicine and subspecialty units including Cardiology, Stroke, Gastroenterology, Acute Medical Unit, Acute Care of the Elderly and Respiratory Medicine. General Medicine is also offered at NHS and RGH.

Surgery: The surgical units include Colorectal, Vascular, Hepatobiliary, General, Plastics, Orthopaedics, ENT, Oesophago- Gastric and Urology.

Emergency Medicine: The Emergency Medicine experience not only includes medical and surgical emergencies, but also paediatric, psychiatry and obstetric and gynaecology emergencies. FMC is one of the state's two designated trauma receiving centre and the only trauma centre in the state for Obstetric trauma. Emergency Medicine terms are also available at NHS. All SALHN interns receive at least eight weeks in Emergency Medicine.



Non-Core terms available in:

- Obstetrics & Gynaecology
- Paediatrics
- Psychiatry (located at the Margaret Tobin Centre, NHS or RGH)

Orientation:

Interns receive a comprehensive five day orientation program at the start of the year which allows them to familiarise themselves with FMC, NHS and RGH. During orientation, they are able to brush up on clinical skills such as basic and advanced life support, suturing, Code



Black, Nasogastric, IDCs, IVs and ABGs. Interns will spend time with outgoing interns to receive a comprehensive handover.

The orientation program for 2015 is from 7 – 13 January 2015.

Attendance at the orientation program is compulsory for all graduates accepting an internship at SALHN.

Repatriation General Hospital front entrance

Trainee Medical Officer Unit:

SALHN has a Regional Trainee Medical Officer Unit (TMOU) which brings together the DCT, MEOs, Director of GP Training (Dr Penny Need) and Human Resources as well as training units at Noarlunga Health (NH) and Repatriation General Hospital (RGH).

The TMOU supports interns' continuing education and personal welfare as well as encouraging professional development and offering careers counselling. The TMOU reports to the Director of Medical Services and works closely with SA MET.

Weekly Tutorials:

Weekly tutorial sessions are held on Tuesday lunchtimes 12.30 - 2.00pm on a variety of clinical topics. Interns may suggest topics. Lunch is provided and it's protected time (pager free). The first part of this session is always devoted to lunch and an informal 'catch up' time.

Simulation Training:

All interns are scheduled to attend compulsory high fidelity simulation sessions under the guidance of senior consultants during the year. This program provides time to practice and improve skills as well as enhance confidence. This training has been consistently rated by interns as the most valuable training they have received.

Surgical Skills:

Surgical skills training is conducted in small groups and plastic surgery techniques are taught on a one-to-one basis during surgical terms. Each intern is rostered in to attend a removal of lesion session in plastics outpatient department.

There are also regular tutorials in surgery, emergency medicine and radiology, as well as a variety of journal clubs and clinical case reviews on individual units.

Grand Rounds:

Interns are encouraged to attend the weekly Medical Grand Rounds held at FMC & RGH, and

individual unit education sessions complement each term.

Intern Support:

Professional development, career counselling, and the personal welfare of interns is supported by the Regional Manager TMOU, Director of Clinical Training and the MEOs.

Part-time employment:

We recognise that some graduates may need to work part-time. Request for part-time employment are assessed on individual needs.

Appointment of Interns:

Appointment of interns to SALHN is coordinated by SA MET.

All medical students (SA graduates/graduates from interstate and New Zealand universities) will need to apply on-line at www.samet.org.au

Further Information

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