2018 PGY2+ CHSALHN ADVANCED RURAL SKILLS ANAESTHETICS

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Introduction to CHSALHN

The Country Health SA Local Health Network (CHSALHN) oversees the public hospitals and health services in the following regions across rural South Australia:

- Adelaide Hills.
- Barossa.
- Eyre Peninsula and Western South Australia.
- Far North.
- Fleurieu Peninsula and Kangaroo Island.
- Limestone Coast.
- Murray Mallee.
- Yorke and Mid North.

Mount Gambier and Districts Health Service (MGDHS)

Limestone Coast residents have access to a wide range of health care services in a number of locations throughout the region.

Mount Gambier and Districts Health Service is part of the South East Health Services. We provide acute services ranging from in-hospital care by local General Practitioners to specialist surgical, obstetric, paediatric and anaesthetic services delivered by Medical Consultants. Services also include accident and emergency care, day and in-patient surgery, mental health services including an in-patient unit, aboriginal health and community health.

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The Mount Gambier Hospital is the major regional health provider for the lower, mid and upper South East Regions with other facilities located nearby in Bordertown, Keith, Kingston, Lucindale, Millicent, Naracoorte and Penola. The catchment area also extends across the border into Western Victoria.

The Mount Gambier Hospital services and facilities include:

- Emergency Department including two resuscitation rooms, fast track treatment areas, multiple treatment bays, an infectious isolation room and a separate paediatric area.
- 37 bed Medical Unit including rehabilitation beds.
- 27 bed Surgical Unit.
- 14 bed Level 4 Maternity Unit with 3 birthing suites.
- 2 cot Level 4 neonatal nursery.
- 6 bed Paediatric Unit.
- 6 bed High Dependency Unit.
- 6 bed Mental Health In-patient Unit.
- 11 Day Surgery Chairs.
- 4 Operating Theatres.
- 6 chair Chemotherapy Unit.
- 4 chair Renal Dialysis Unit.
- 12 room out-patient Consulting Suite.
- 2 out-patient procedure rooms.
- Pre–Admission Clinics.

Co–located at the Hospital site are the following services:

- Mount Gambier Private Hospital 17 bed facility.
- Benson Radiology.
- SA Pathology.
- SA Pharmacy.
- South East Regional Community Health Service (now Country Health Connect).
- South Australian Dental Services.
- South East Mental Health Services – in-patient, intermediate care and community based care.
- Drug and Alcohol Services.
- Rehabilitation Service.
- Renal Dialysis Service.
- Aboriginal Health Services – Pangula Mannamurna Aboriginal Corporation (not co-sited but located nearby)

Introduction to Advanced Rural Skills Anaesthetics for PGY4+

The Advanced Rural Skills Anaesthetics post is a 12 month position available to Postgraduate Year 4 and above (PGY4+). The curriculum is based on the Joint Consultative Committee on Anaesthesia (JCCA) anaesthetics curriculum, details of which can be found on the Australian Council of Rural and Remote Medicine (ACRRM) website.

In 2018, 1 position will be available.

Am I eligible to apply?

- Completed a medical degree.
- Have general medical registration with The Australian Health Practitioner Regulation Agency (AHPRA).
- Have completed at least 3 postgraduate years.
- Be available for a 12 month full time contract commencing on the 5th February 2018 and concluding on 3rd February 2019.
- Have working rights in Australia.
- Have a commitment to rural/remote medical practice, including experience of at least one term in rural general practice.
- Demonstrate relevant knowledge skills and experience including, or similar to, experience as an RMO in a term of anaesthesia.
- Successfully completed at least one of EMST/ATLS, Emergency Management of Anaesthetic Crises (EMAC), Emergency Life Support (ELS), or have a secure position on an upcoming course for any of the above.
- Be free of any chemical dependence.

Selection Process

Shortlisted applicants will be invited to attend an interview. Interviews will be face to face, and in some circumstances via teleconference. Subsequent to interviews your application will be scored/ranked and depending on your score, SA Health may match you to an available position. At a minimum the selection process will involve assessing the applicant's:

- Curriculum Vitae.
- Cover letter.
- Written responses to questions below.
- Referee reports (three referee reports from last work place).
- Appropriate completion and submission of required documentation and
- An interview.

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Please ensure you address the following questions. Your answers should be succinct:

1. What experience have you had of either living and/or working in a rural area?
2. How can you demonstrate your commitment to ongoing practice in a regional/rural or remote setting?
3. In no more than 500 words, please provide a clinical example where you needed to use your problem solving and decision making skills. Outline the situation, what actions you took, your role, and what you learned from this.

In your Curriculum Vitae you are required to carefully document any professional development you have undertaken, including academic and clinical achievements, quality improvements and research.

Make sure the three referee reports are completed by your nominated referees in the required timeframe.

You have been asked to provide a cover letter in your application. Your cover letter should address the following points:

- Previous experience that would benefit Mount Gambier and Districts Health Service.
- Your strengths and weaknesses.

Key Dates

- Monday, 22nd May – Applications open.
- Friday, 16th June – Applications close.
- 10th July – 18thAugust – Shortlisting and interviews commence.
- Thursday, 7th September - Round 1 results available to applicants.
- Thursday, 14th September - Round 2 results available to applicants.
- Thursday, 21th September - Round 3 results available to applicants.

Contact Persons

For Advanced Rural Skills Anaesthetics for PGY4+ training position enquires

Dr Andrew Foster
Staff Specialist Anaesthetics
andrew.foster@sa.gov.au

Workforce enquiries – Mount Gambier Hospital Medical Administration

Kristy Overmaat
Medical Liaison Officer
Mount Gambier and District Health Service
T: (08) 8721 1617 (9.00am – 3.00pm Mon – Fri)
E:kristy.overmaat@sa.gov.au

Tania Hill
Medical Liaison Support Officer
Mount Gambier and District Health Service
T: (08) 8721 1572 (7:30am – 4.00pm Mon – Thur)
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Website: www.health.sa.gov.au

Role Description

Please attach a current role description.

Further Information

- Follow this link to view the SA Health Salaried Medical Officers Enterprise Agreement 2013 http://publicsector.sa.gov.au/wp-content/uploads/SA-Health-Salaried-Medical-Officers-Enterprise-Agreement-2013.pdf
- Follow this link to view Australian Health Practitioner Regulation Agency (AHPRA) registration standards https://www.ahpra.gov.au/
- Joint Consultative Committee on Anaesthesia Curriculum statement in anaesthesia for advanced rural skills and advanced specialised training http://www.acrrm.org.au/docs/default-source/documents/training-towards-fellowship/anaesthesia_curriculum-statement_2011_jcca.pdf?sfvrsn=0

Frequently Asked Questions

I am unsure about moving to the country. Can I visit to look at the facilities prior to finalising my preferences?

We would encourage you to visit our beautiful city and enjoy the rural hospitality. Please let us know if you are planning a visit so that we can facilitate this, for example, with a tour of the hospital and Rural Clinical School, and point you in the direction of touring and entertainment.

Mount Gambier lays half way between Adelaide and Melbourne, but that's not the only reason we're perfectly centred. Mount Gambier strikes the ideal balance between the vibrant lifestyle of a big city and comforts of a small town, between cultural progress and tradition, and between modern conveniences and the preservation of natural beauty – be it our iconic blue lake, or our many caves, sinkholes and parks.

Will accommodation be provided?

You will need to arrange your own accommodation. Real estate agents can assist you with this. You will find rentals very affordable compared with the metropolitan area. The median price is $250 per week.

Will I be supported with relocation expenses?

We appreciate that moving house can put a strain on your finances, particularly prior to starting your new job. Please contact us to discuss what relocation support may be available and what documentation you will need to supply.

Will I need my own transport?

Mount Gambier is a rural city of over 25,000 people. Some sort of private transport is highly recommended as the city is spread over quite a large area. Most locations are only 3 to 8 minutes away by car, 10 to 15 minutes by bicycle. There is a limited public transport system (bus) which runs primarily between 9am and 5pm.

Do I need to arrange for a carpark?

The good news is that parking in all of Mount Gambier is currently free of charge. Some areas require permits and time limits, but generally it is easy to park in or around the Hospital and University precinct. There is a secure staff car park on the Hospital site.

Can I get decent coffee and food in Mount Gambier?

Yes and yes. There is a wide range of cuisines on offer and real baristas. Several farmers and craft markets operate regularly throughout the South East. Nearby are premium wine growing regions. The problem will be what to choose! The hospital has a fantastic chef run café on site with its own good coffee and good food – the ideal place to catch up with some of the other 50+ doctors on site.

Can I get my cultural fix of theatre, music and cinema?

The benefits of being half way between Adelaide and Melbourne is that shows stop here to perform. Don't expect Madonna, but entertainers such as our own Louise Adams and Kasey

Chambers have all recently dropped in. Adelaide Fringe in Mount Gambier is a month long program of spectacular performances and visual arts events in Mount Gambier as part of the Adelaide Fringe and brings the streets to life throughout the last weekend in February through mid-March. Mount Gambier is the home of the James Morison Jazz Academy and this Generations in Jazz is a spectacular gathering on the outskirts of the city and not only attracts the jazz legends of today, but the bright stars of tomorrow, bringing together up to 4400 of Australia's most talented musicians, along with a growing list of global artists. Generations in Jazz represents a wonderful opportunity to listen, perform, respect, and develop a true appreciation for a truly wonderful sound, and be part of a commitment to furthering jazz in Australia and beyond. There is the 500 seat Sir Robert Helpmann Theatre that hosts a range of theatre, film, music and dance events and a cinema complex. The Riddoch Art Gallery is the largest SA Regional Gallery.

I am the outdoors type. What can I do?

Well you are in the right place for outdoor opportunities with plenty of land, sea and sky options such as caving, sinkhole diving, surfing, sailing, fishing, archery, shooting, horse riding, walking trails, to name a few. There are gyms and sporting clubs offering team and individual sports. Cycle or walk along the newly created Railway Lands that take you across town or enjoy the many events that take place in this area.

What are my chances of getting into a different career pathway?

You will gain experience in clinical profession in a different way as:

- Use of new and advancing technologies to deliver health services (such as Telehealth).
- Enhanced collaboration with other agencies and team members.
- Greater involvement in population health, public health and health promotion, with an increased primary health care focus.
- Working together with Aboriginal people in a culturally safe way, and developing your cultural safety.
- Delivering a wide range of services, across the continuum of care.
- Developing wide range of professional skills.
- Greater self-management skills such as time management and workload management.
- Earlier exposure to supervision of others including students and support workers.
- Enhanced cultural safety skills.
- Advanced communication skills.
- Greater team practice, including interdisciplinary and trans disciplinary practice.
- Increased autonomy in practice and decision-making.
- Ability to manage professional isolation and create professional networks.
- Working within, beyond and sharing your scope of practice.
- Working independently, in isolation or as a sole practitioner.
- Greater involvement in service planning, implementation and evaluation.
- Greater responsibility for caseload management and prioritization/demand management.
- Strong self-reflection skills, knowing your limitations and 'when to ask for help'.
- High level of IT skills.
- Greater appreciation of confidentiality (due to remote/rural) challenges.
- Becoming flexible, innovative, adaptable and resourceful.