

# 2018 PGY2+ TAPPP MENTAL HEALTH

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## Introduction to Mental Health RMO for PGY2+

These positions are suitable for Junior Medical Officer's (JMO) looking to gain prevocational experience in Psychiatry, and for GP and other speciality trainees who would like to gain an increased exposure to psychiatry training.

Positions are available for 12 months, in both community and inpatient settings throughout metropolitan Adelaide. Weekly education sessions are held at Glenside Hospital.

Psychiatry JMO positions are recruited and rotated using a state-wide network approach. Potential rotations include inpatient and community psychiatry settings. Placements in specialist areas of psychiatry such as older persons mental health, perinatal mental health, child and adolescent psychiatry, drug and alcohol services, Rural and Remote mental health and Forensic psychiatry are possible depending on availability.

In 2017 a total of 19 positions were available, 11 at CALHN, 4 at NALHN & 4 at SALHN.

## Am I eligible to apply?

- > Completed a medical degree
- > Have a general medical registration with the Medical Board of Australia
- > Have completed one intern year
- > Be available for a 12-month full-time contract commencing on the February start date
- > Positions for 6 months can be negotiated for those considering EST as part of General Practice training.

## Selection Process

Recruitment into Mental Health for the 2018 clinical year occurs via a state-wide approach. This means that your application will be assessed by members from each metro LHN in regard to short-listing, interviewing and ranking.

If your application is shortlisted you will be invited to attend an interview, you will have one single interview for Mental Health regardless of whether you preference multiple LHNs. Interviews will be face to face, and in some circumstances via teleconference. Following interviews your application will be scored/ranked and depending on your score, SA Health may match you to an available position.

Interview questions incorporate questions relating to:

1. Your experience in psychiatry so far and your motivations to pursue further experience in psychiatry
2. Your ability to work in a multi-disciplinary team
3. Case vignette that demonstrates psychological mindedness

Entry into the program is Mental Health competitive and we look for trainees who can demonstrate a desire to train at SA Health, have a good academic and clinical history, and are effective team players and communicators.

At a minimum the selection process will involve assessing your:

- Curriculum Vitae,
- Cover letter,
- Referee reports,
- Appropriate completion and submission of required documentation and
- An interview.

In your Curriculum Vitae you are required to carefully document any professional development you have undertaken including academic and clinical achievements, quality improvements and research.

Make sure the three referee reports are completed by your nominated referees in the required timeframe.

## Key Dates

- > Monday 22<sup>nd</sup> May – Applications open
- > Friday 16<sup>th</sup> June – Applications Close
- > 10<sup>th</sup> July – 18<sup>th</sup> August – Shortlisting and interviews commence
- > Thursday 7<sup>th</sup> September - Round 1 results available to applicant
- > Thursday 14<sup>th</sup> September - Round 2 results available to applicant
- > Thursday 21<sup>th</sup> September - Round 3 results available to applicant

## Contact Person

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## Role Information

Roles within The Adelaide Pre-vocational Psychiatry Program (TAPPP) vary from site to site. Positions can be located in either inpatient or community settings and therefore tasks would vary accordingly.

There are certain skills unique to psychiatry including the concept of multidisciplinary work with community focus as well as the psychobiosocial interactions.

### **Clinical Skills**

- history taking
- mental state examination
- physical examination and clinical investigation appropriate to the differential diagnosis of psychiatric disease
- diagnosis – psychiatric diagnosis DSM (V) and medical diagnosis of comorbid physical conditions

### **Management**

- Awareness of non-drug treatment including, for example, supportive psychotherapy for psychiatric disorders. The application of cognitive behaviour principles to counselling and general counselling skills.
- psychopharmacology

### **Manual skills: opportunity is present for ongoing practice at**

- venepuncture
- cannulation (IV drips for management of medical problems)
- attendance at ECT- opportunity may exist to assist in the administration of ECT

### **Interpersonal skills including specific safety aspects in psychiatric acute inpatient unit**

- liaising and consulting with nursing and allied health staff with regards to the patient management plan
- interviewing patients to obtain an initial Maudsley history and to monitor progress and explain management of their condition
- meeting with relatives, carers and significant others to obtain collateral history and involve them in short and long term management decisions and strategies ( with appropriate consent)
- providing treatment to patients with supervision – treatments will include pharmacotherapy, education, supportive psychotherapy and simple cognitive behavioural strategies
- involvement in family meetings; playing a role in education and support of the family and significant others

### **Learning and teaching skills**

- opportunity to supervise medical students
- involvement in academic activities

### **Written communication skills**

- accurate documentation into case notes
- skills in writing referral letters, letters of support to other agencies,
- appropriate liaison with GPs

### **Medico-legal aspects of psychiatry**

- basic understanding of Mental Health Act and various SACAT orders
- case presentation at SACAT Hearing
- issues related to mandatory reporting related to fitness to drive and firearm licensing.

The acquisition of skills and application of skills will be observed and trainee will be offered supervision at all times. Extensive education and training opportunities exist as part of TAPPP.

## **Further Information**

Following this link to view the 2017 Allocation Policy <https://www.samet.org.au/wp-content/uploads/2017/03/TAPPP-Allocation-Policy-2017.pdf>

Follow this link to view the SA Health Salaried Medical Officers Enterprise Agreement 2013 <http://publicsector.sa.gov.au/wp-content/uploads/SA-Health-Salaried-Medical-Officers-Enterprise-Agreement-2013.pdf>

Follow this link to view Australian Health Practitioner Regulation Agency (AHPRA) registration standards <https://www.ahpra.gov.au/>