

# PGY2+ Statewide BPT Adult Medicine

Job Pack 2021

as at May 2020

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# About Basic Physician Training (BPT) Adult Medicine

#### Introduction

Basic Physician Training is the first step in a minimum six-year training program with the RACP to become a Physician.

During Basic Physician Training, you will:

- > Experience working in diverse medical specialties with a broad focus in Adult Internal Medicine or Paediatrics & Child Health.
- > Complete training rotations with a range of hospitals and health services.
- > Build on the clinical knowledge and skills gained during your medical degree to develop the professional qualities, attitudes and behaviours you need to become a competent Physician.

Once you have completed Basic Training, you will be eligible to commence Advanced Training in an adult medicine specialty.

After completing both Basic and Advanced Training, you will be eligible to register to practice as a specialist physician in Australia or New Zealand.

## Key dates

Applications open:	Monday 8 June 2020 (Public Holiday)
Application close:	Wednesday 1 July 2020 (close at midnight)
Referee reports close:	Wednesday 15 July 2020
Shortlisting commences:	Thursday 30 July 2020
Interviews:	August 2020
Round 1 results available to applicants:	Thursday 17 September (1 <sup>st</sup> preference matches only)
Round 2 results available to applicants	Thursday 24 September (2 <sup>nd</sup> or higher preference matches)
(excluding general training):	
Round 3 results available to applicants	Thursday 1 October (3 <sup>rd</sup> or higher preference matches)
(excluding general training):	
Round 4 onwards (including general	Thursday 8 October (4 <sup>th</sup> or higher preference matches).
training):	
Start date of employment:	Monday 1 February 2021

#### Number of positions across LHNs



# Northern Adelaide Local Health Network (NALHN)

#### **About NALHN**

The implementation of the National Health Reform in 2011 saw the establishment of five Local Health Networks across SA intended to promote, maintain and restore the health of the communities they serve.

The Northern Adelaide Local Health Network (LHN) provides care for around 341,000 people living in the northern metropolitan area of Adelaide as well as providing a number of state-wide services, and services to those in regional areas. More than 3,800 skilled staff provide high quality patient care, education, research and health promoting services.

The Northern Adelaide Local Health Network (NALHN) provides a range of acute and sub-acute health services for people of all ages and covers 16 Statistical Local Areas and four Local Government Areas (one of which crosses the Central Adelaide Local Health Network) and includes the following:

- Lyell McEwin Hospital
- Modbury Hospital
- Sub-Acute
- GP Plus Health Care Centres and Super Clinics
- Aboriginal Health Care Services
- Mental Health Services (including two statewide services Forensics and Older Persons)

NALHN offers a range of primary health care services across the northern metropolitan area of Adelaide, with a focus on providing preventive and health promoting programs in the community, and transition and hospital substitution and avoidance programs targeted at chronic disease and frail aged.

Clinical leadership of care systems is central to the current national and state wide health reforms. NALHN care delivery is configured within clinical divisions that are patient—focused, clinically led groupings of services. Clinical Divisions are responsible for managing service delivery activities across NALHN campuses and units, bringing together empowered experts to directly make relevant decisions.

NALHN remains unique in that the General Medicine units at both sites provide a broad range of undifferentiated medicine. NALHN is still small enough that junior medical officers are well supported and closely supervised. Individual preferences and interests can be accommodated and are encouraged.

NALHN has been designated as a Level 3 training facility for physician trainees and can accommodate three years of training. Trainees accepted to the NALHN program will be able to complete all requirements for their training within NALHN. Physician trainees have the opportunity to rotate through General Medicine, AMU and a number of sub-specialties including Cardiology, Respiratory Medicine, Diabetes and Endocrinology, Infectious Diseases, Renal, Haematology, Geriatrics, Orthogeriatrics, ICU, Medical Oncology, Stroke and Neurology, Rheumatology and Gastroenterology. Unique rotations include Peri-Operative, Ambulatory Medicine, Drug and Alcohol Services and rural rotation (Alice Springs).

Service is provided across both Lyell McEwin and Modbury Hospital.

Modbury Hospital has been approved by the RACP as a Level 1 training facility.

The physician trainee program is supervised by the Director of Physician Education, Deputy Director and Chief Medical Resident. Training includes formal didactic teaching exclusively for the trainees, Grand Round, X Ray meetings, Case Presentations, Mortality Review and Journal Club. Units also have individual

teaching sessions based within the specialty.

Clinical exam preparation is structured with short and long case preparation.

Opportunities for quality improvement participation, audits and research also available.

# What you can expect from the next three years at NALHN

Provide a short overview of the role, over the three years what should employees expect?	NALHN provides an opportunity to work in an excellent, supervised hospital setting having a case mix up of a diverse age group of adults patients with a wide variety of acute and chronic medical conditions embedded with in ethnic, social and other cultural factors. Trainees will rotate across a range of sub-specialties within Medicine to meet all core and non-core requirements as described in the RACP training curriculum. It is focused well on good academic as well as professional development. NALHN currently provides an opportunity for regional rotations at Alice Springs Hospital, possible Mount Gambier, and DASSA based on availability of positions and interest.
What are the key outcomes of the program?	Prepares trainees to complete all basic training requirements, including achieving success in the written and clinical exams and being accepted into an advanced training program of their choice.  NAHLN also provides an opportunity to get trained as physicians with knowledge, skill set and right professional attributes.
How many exams will be undertaken?	As per RACP limit at time of entry into the program. Currently RACP allows three attempts at both written and clinical examinations.
Do you repeat a year if the exam is failed? Are contracts renewed every 12 months?	As per RACP only one clinical exam per year. Trainees are provided an opportunity to stay on in NALHN if not successful at either attempt. In certain circumstances, a move to an alternate training program can be facilitated.
What are the hours of work and overtime?	As per Enterprise Agreement.
	Certain rotations, such as AMU, nights, Cardiology and Neurology are currently rostered according to a workplace flexibility agreement.
	Other terms typically are rostered between 76 – 86 hrs per fortnight.

What education is provided?	Formal education sessions occur within each individual unit. Divisional education sessions include X-Ray meetings, subject seminars, Grand Round and physician trainee education sessions twice per week with an emphasis on RACP Physician Education focus.  An educational supervisor and professional development advisor is allocated to each trainee.
Indicate how supervision will be provided, will this vary from rotation to rotation?	Supervision is provided by Consultants and Advanced Trainees. Specific training and education sessions are provided and are rotation specific. End of rotation reports and feed backs are regularly provided.  An educational supervisor and professional development advisor is allocated to each trainee. Educational supervisors are encouraged to attend the RACP SPDP workshops.
What other supports are provided?	The Division of Medicine has a Chief Medical Resident, Director of Physician Education and a Junior Medical Officer Liaison Committee.  Employee Assistance is provided via the official SA Health EAP service.  Trainees are also encouraged to access the RACP support service, Converge, if required.
Will the TMO supervise interns/others in their role? Will the TMO supervise interns/others in their role?	Yes
What pathways are there after the three years are completed?	The position may lead to:  > Advanced Training > PhD

# **Rotations at NALHN**

Availab	ole rotations in NALHN include:		
>	General Medicine	>	Haematology
>	AMU	>	Stroke and Neurology
>	Short Stay General Medicine Unit	>	Geriatrics
>	Cardiology	>	Orthogeriatrics
>	Respiratory Medicine	>	Rheumatology
>	Gastroenterology	>	Ambulatory Medicine
>	Infectious Diseases	>	ICU
>	Diabetes and Endocrinology	>	Peri-Operative Medicine
>	Renal Medicine	>	Rural rotation
>	Medical Oncology	>	Addiction Medicine

# Southern Adelaide Local Health Network (SALHN)

#### **About SALHN**

The Southern Adelaide Local Health Network provides care for approximately 350,000 people living in the southern metropolitan area of Adelaide as well as proving a number of statewide services and services to those in regional areas. More than 7,000 skilled staff provide high quality patient care, education, research and health promoting services.

SALHN has 605 inpatient beds across Flinders Medical Centre and Noarlunga Hospital and serves approximately 350, 000 patients per year.

SALHN has been designated and accredited as a Level 3 training facility for physician trainees and can accommodate three years of training. Trainees accepted to the SALHN program will be able to complete all requirements for their training within SALHN. Physician trainees have the opportunity to rotate through General Medicine, AMU and a number of sub-specialties including Cardiology, Respiratory Medicine, Endocrinology, Infectious Diseases, Renal, Haematology, Geriatrics, Ortho geriatrics, ICCU, Medical Oncology, Stroke, and Gastroenterology. Unique rotations include a rural rotation to Alice Springs.

Noarlunga Hospital has been approved and accredited by the RACP as a Level 1 training facility. You will be required to rotate to Noarlunga as part of your training at SALHN, often in your first year.

The physician trainee program is supervised by the Director of Physician Education, Educational Supervisors and Chief Medical Residents. Training includes formal didactic teaching exclusively for the trainees, Grand Rounds, RACP lectures, video conferences, specific unit teaching, case presentations and teaching by individual units.

Written exam preparations are conducted over a five week period and are held in a private location.

Clinical exam preparation is structured with regular long and short case rosters. In addition, 8-10 clinical trials are run on Saturdays where trainees are rostered on to present or bulldog.

Opportunities for quality improvement participation, audits and research exist. It is a requirement to complete an audit within the division of medicine in the first year as a BPT. This is usually done in groups of 2 to 3.

#### What you can expect from the next three years at SALHN

Provide a short overview of the role, over the three years what should employees expect?

In the first instance all trainees are provided with extensive orientation, including induction and introduction to training activities, ward services and safety and quality information.

Trainees complete a three year Basic Training program as per the RACP training curriculum. Trainees will be supported by Senior medical staff i.e. Consultants/Registrars/Educational Supervisors etc. during their training.

	Trainees rotate across a range of medical specialities and health care settings with an aim to meet all core and non-core requirements as described in the RACP training curriculum.  Mid and end of term assessment are completed to monitor a trainees progress and of which will highlight any areas of concern, which will be addressed accordingly.  Trial exams for both written and clinical are undertaken.
What are the key outcomes of the program?	Support and prepare trainees to complete all basic training requirements, written and clinical exams with a 100% success rate. Support pathways for future Advanced Trainee opportunities.
How many exams will be undertaken?	As per RACP criteria
Do you repeat a year if exam is failed? Are contracts renewed every 12 months?	Yes SALHN are very supportive when accommodating negative exam results. Discussions are made with trainees and contracts are extended accordingly.
What are the hours of work and overtime?	As per EB Agreement, trainees are contracted 76 hours per fortnight. Overtime is varied per unit depending upon workload.
What education is provided?	Formal educational sessions within each unit, such as:  > Speciality education sessions. > RACP teleconference sessions. > BPT teaching. > Grand Rounds. > Practical written exams (preparation for RACP written exam). > Short and long case rounds (preparation for RACP clinical exam).
Indicate how the supervision will be provided, will this vary from rotation to rotation?	Supervision is provided by Consultants and Advanced Trainees.  Each trainee is allocated an Educational Supervisor and Professional Development supervisor (who are the same for the trainee) and will remain so for the entire training period.  Educational and Professional Development
	Supervisors are encouraged to attend the RACP SPDP workshops.

	Trainees are encouraged to meet regularly with their supervisors (at least once a term).  Mid and end of term assessments are completed.
What other supports are provided?	The Director of Physical Education, TMO Manager and the TMO Coordinator work closely together to provide support and assistance to trainees, having an open door policy at all times. The Director of physician education meats all trainees once a term.  SALHN encourage and support early identification of difficulties so that they can be addressed/resolved rather than escalating and becoming unmanageable. Performance assessments are completed at the end of each term by the Educational Supervisors and the Nurse Unit Manager and any issues/concerns are addressed immediately.  Employee Assistance Program is available via SA Health arrangements.
Will the TMO supervise interns/others in their role?	Yes
What pathways are there after the three years are completed?	The position may lead to:  > Advanced Training > PhD

# **Rotations at SALHN**

Available rotation in SALHN are:	
> General Medicine	> Gastroenterology
> Acute Medical Unit	> Neurology
> Cardiology	> Oncology
> Haematology	> Stroke
> Renal	> Geriatrics
> Allergy	> Palliative Care
> Respiratory	> Dermatology
> Infectious Diseases	> ICCU
> Endocrinology	> Alice Springs (Rural rotation)

# Central Adelaide Local Health Network (CALHN)

#### **About CALHN**

CALHN is comprised of the Royal Adelaide Hospital (Level 3), The Queen Elizabeth Hospital (Level 2) and Hampstead Rehabilitation Hospital (Local Secondment) which together provide excellent clinical exposure to general medicine and a range of subspecialties. Our program also includes rural rotations to Alice Springs and Whyalla Hospitals.

The CALHN Basic Physician Training programme has been highly successful due to the development and provision of a comprehensive approach to physician education and preparation for the examination process. We have substantial commitment and contribution from enthusiastic and dedicated consultants across specialities within the hospitals.

# What you can expect from the next three years at CALHN

Provide a short overview of the role, over the three years what should employees expect?	Trainees will rotate through general and subspecialty medicine rotations to meet all core and non-core requirements as described in the RACP basic physician training curriculum.
What are the key outcomes of the program?	Support trainees to complete all basic physician training requirements, including success in the written and clinical exams.
How many exams will be undertaken?	The RACP currently allows three attempts at both written and clinical examinations. Basic trainees can usually remain at CALHN for the entirety of their basic training.
Do you repeat a year if exam is failed? Are contracts renewed every 12 months?	Trainees are supported and provided the opportunity to re-sit examinations if they are unsuccessful. Contracts are renewed every 12 months pending mutual agreement.
What are the hours of work and overtime?	As per Salaried Medical Officers Enterprise Agreement, basic physician trainees are typically rostered between 76 – 86 hours per fortnight. Some rotations (such as Nights, Cardiology, Stroke, Renal and General Medicine) include rosters negotiated under a Workplace Flexibility Agreement.
What education is provided?	We deliver a comprehensive physician education programme. Both formal and informal teaching is undertaken on the ward rotations. There are weekly Medical Grand Rounds (with teleconference facilities for trainees offsite) and many subspecialty units hold weekly education

	sessions which trainees are encouraged to attend. Written examination preparation is complemented by a formal basic training tutorial programme with topics across all relevant specialties and a series of trial written examinations with marks and customised feedback provided. Clinical examination preparation is supported by formal long and short case rounds, several trial examinations and weekend intensive sessions on examination techniques and subspecialty short case days. All trainees are allocated study leave to facilitate attendance at formal study courses.
Indicate how the supervision will be provided, will this vary from rotation to rotation?	Supervision is provided by Consultants including an allocated Ward Supervisor) and Advanced Trainees on each rotation.  An Educational Supervisor, who also acts as a Professional Development Advisor, is allocated to each trainee for the duration of their basic training.
What other supports are provided?	CALHN has 3 Directors of Physician Education and a team of Chief Medical Residents across both Royal Adelaide and The Queen Elizabeth Hospitals.  Additional confidential and free support is available via the SA Health Employee Assistance Program and/or the RACP Support Service. Information on supports available are provided to each trainee during their orientation to CALHN.
Will the TMO supervise interns/others in their role?	Yes. BPTs play a role in supervision of interns, general trainees and medical students on their clinical placements. This is supported by the advanced trainees and consultants.
What pathways are there after the three years are completed?	The position may lead to:  > Advanced Training in a medical specialty > PhD

# **Rotations at CALHN**

# Available rotation in CALHN include:

- > General Medicine (RAH, TQEH, Whyalla, Alice Springs)
- > Cardiology
- > Gastroenterology
- > Endocrinology
- > Medical Oncology
- > Thoracic Medicine
- > Renal Medicine

- > Neurology
- > Stroke
- > Infectious Diseases
- > Haematology
- > Rheumatology
- > Geriatric Medicine
- > Intensive Care Medicine
- > Palliative Care Medicine
- > Rehabilitation Medicine

We will make every effort to allocate terms to meet your professional and educational requirements. Please remember that we are required to meet the needs of a large group of trainees and we try to be as fair as possible to everyone.

Applicants are invited to submit preferences for preferred rotations. The Directors of Physician Education, Chief Medical Residents and Medical Administration Officers are involved in the allocation of rotations.

# Selection into BPT Adult Medicine positions

## About the selection panel

The following will represent each LHN on the state-wide selection panel:

- > Heads of General Medicine
- > Directors of Physician Education

## Eligibility

Interns are welcome to apply to commence basic physician training in the year following internship.

The minimum eligibility requirements are:

- > General Registration as a Medical Practitioner is required
- > Interest in physician training as a career

#### Skills and knowledge required for the role

#### Essential Minimum Requirements include:

Educational/Vocational Qualifications:

- > Bachelor of Medicine/Bachelor of Surgery or equivalent
- > General Registration with the Medical Board of Australia as a Medical Practitioner

#### Personal Abilities/Aptitudes/Skills:

- > High level of skill in written and verbal communication
- > Genuine empathy for patients and their relatives/family
- > Ability to communicate confidently and appropriately with patients and their family/relatives
- > Ability to work as a team member and individually
- > Ability to work under pressure without compromising patient care
- > Competency in range of routine and common procedural ward-based skills
- > Skill in problem solving and decision making at both the clinical and the individual level

#### Experience:

> Appropriate post-graduate experience

#### Knowledge:

- > Knowledge of contemporary medical practice and procedures appropriate to the level of the position
- > Knowledge of investigations and treatments appropriate to the level of the position
- > Knowledge of Work, Health & Safety principles and procedures

## Selection Process into BPT Adult Medicine

## Our approach to selection

Applicants are ranked according to their CV, interview and referee reports. The interview is more heavily weighted than the other components.

Desirable applicants will demonstrate an understanding of the challenges facing health care, an interest in medicine and patient-centred care, and a mature self-reflective learning style.

#### Your application

Your application should include a curriculum vitae, a cover letter and the contact details for at least two clinical referees.

#### Curriculum vitae

Your curriculum vitae should include a description of your previous experience. Involvement in quality improvement, audit projects and research experience are welcomed. You may also wish to include a brief mention of your interests outside of Medicine.

#### Cover letter

The cover letter should be a single A4 page with:

- > a clear explanation of why this specific position is attractive to you
- > characteristics or skills that would make you an attractive candidate for this position or differentiate you from other candidates
- > a brief description of your understanding of the training requirements for the basic physician training programme
- > a brief description of your previous clinical experience and
- > your future career plans or goals

## Other application questions

N/A

#### Interview

Interview notification will be via email. Notification will be at least 1 week prior to interview.

Interview preparation should include:

- > Developing some understanding of SA Health as an organisation, the various demographics within South Australia and the services provided within each Local Health Network
- > Consideration of why the training position is attractive, why you have applied specifically for Basic Physician Training and how you see this position contributing to your future career

goals

- > Acquiring some background knowledge on current challenges and recent developments in health care, specifically in Medicine
- > Consideration of which skills you will bring to the role, your maturity and ability to reflect on your own practice and learning

#### Contacts

NALHN	
Director Physician Education, Northern Adelaide Local Health Network	Name: Dr Krishnan Varikara Telephone: 8182 9420 Email: <u>krishnan.varikara@sa.gov.au</u>
SALHN	
BPT Trainee Medical Officer Manager	Name: Joanne Papageorgiou Telephone: 8204 4544 Email: <u>Joanne.Papageorgiou@sa.gov.au</u>
CALHN	
Director of Postgraduate Medical Education and Physician Education (CALHN)	Name: A/ Prof Jo Thomas Telephone: 7074 2211 Email: josephine.thomas@sa.gov.au
Director of Physician Education (Royal Adelaide Hospital)	Name: Dr Alice O'Connell Email: alice.oconnell@adelaide.edu.au
Director of Physician Education (The Queen	Name: Dr Jessica Hafner

Email: jessica.hafner@sa.gov.au

## **Role Description**

Elizabeth Hospital)

#### View Role Description here

## Still got questions?

## Some websites that may assist you:

SA Health Salaried Medical Officers Enterprise Agreement 2017 <u>here</u> Australian Health Practitioner Regulation Agency (AHPRA) registration standards <u>here</u>