



# Limestone Coast Training Network – Rural Generalist / General Training

Job Pack 2021

as at June 2020

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## About Limestone Coast Training Network – Rural Generalist / General Training

### Introduction

We invite you to become part of a dynamic and busy medical service across the Limestone Coast Local Health Network (LCLHN), offering a full year PGY2+ Rural Generalist / General Training Program based in Mount Gambier Hospital and Naracoorte Hospital/Kincraig Medical Clinic. The positions are specially aimed at Trainee Medical Officers (TMO) who have just completed an internship and are seeking to work in rural general practice or rural general training in a hospital experience at the postgraduate Year 2 level (PGY2).

This program can be undertaken as part of rural generalist training through AGPT with either RACGP or ACRRM. Preference is given to applicants committed to a career in rural or regional practice be that primary care, hospital based care or both.

LCLHN and Flinders University Rural Health SA (FURHSA) have a long standing collaboration to provide rural TMO positions based for a full year at Mount Gambier Hospital. The Medical Education Unit (located at FURHSA), provides the educational support for the training programs.

We invite you to become a valued member of the healthcare team in addition to the local community in Mount Gambier and Naracoorte. This Training Program will set you up well for a rural generalist career.

### Key dates

Applications open:	Monday 8 June 2020 (Public Holiday)
Application close:	Wednesday 1 July 2020 (close at midnight)
Referee reports close:	Wednesday 15 July 2020
Shortlisting commences:	Thursday 30 July 2020
Interviews:	TBC
Round 1 results available to applicants:	Thursday 17 September (1 <sup>st</sup> preference matches only)
Round 2 results available to applicants:	Thursday 24 September (2 <sup>nd</sup> or higher preference matches).
Round 3 results available to applicants:	Thursday 1 October (3 <sup>rd</sup> or higher preference matches)
Rounds continue until positions are filled or rank list exhausted	Thursday 8 October (4 <sup>th</sup> or higher preference matches).
Start date of employment:	Monday 1 February 2021

### Number of positions

Number of positions in 2021:

6

### About LCLHN

Services available within the LCLHN are provided throughout the following locations:

- > Mount Gambier
- > Naracoorte
- > Bordertown
- > Keith
- > Kingston
- > Lucindale
- > Millicent
- > Penola

#### **Mount Gambier and Districts Health Service (MGDHS)**

Limestone Coast residents have access to a wide range of health care services in a number of locations throughout the region. Mount Gambier and Districts Health Service is part of Limestone Coast Local Health Network. We provide acute services ranging from in-hospital care by local General Practitioners to specialist surgical, obstetric, paediatric and anaesthetic services delivered by Medical Consultants. Services also include accident and emergency care, day and in-patient surgery, mental health services including an in-patient unit, aboriginal health and community health. The Mount Gambier Hospital is the major regional health provider for the lower, mid and upper South East Regions with other facilities located nearby in Bordertown, Keith, Kingston, Lucindale, Millicent, Naracoorte and Penola. The catchment area also extends across the border into Western Victoria.

#### **The Mount Gambier Hospital services and facilities include:**

- > Emergency Department including two resuscitation rooms, fast track treatment areas, multiple treatment bays, an infectious isolation room and a separate paediatric area
- > 37 bed Medical Unit including rehabilitation beds
- > 27 bed Surgical Unit
- > 14 bed Level 4 Maternity Unit with 3 birthing suites
- > 2 cot Level 4 neonatal nursery
- > 6 bed Paediatric Unit
- > 6 bed High Dependency Unit
- > 6 bed Mental Health In-patient Unit
- > 11 Day Surgery Chairs
- > 4 Operating Theatres
- > 6 chair Chemotherapy Unit
- > 6 chair Renal Dialysis Unit
- > 12 room out-patient Consulting Suite
- > 2 out-patient procedure rooms
- > Pre-Admission Clinics

#### **Co-located at the Hospital site are the following services:**

- > Mount Gambier Private Hospital 17 bed facility
- > Benson Radiology
- > SA Pathology
- > SA Pharmacy
- > Country Health Connect
- > South Australian Dental Services
- > South East Mental Health Services – in-patient, intermediate care, and community based care

- > Drug and Alcohol Services
- > Rehabilitation Service
- > Renal Dialysis Service
- > Chemotherapy Unit
- > Aboriginal Health Services – Pangula Mannamurna Aboriginal Corporation (not co-sited but located nearby)

### **Naracoorte Hospital**

Facilities include:

- 39 public beds
- 24 hour accident and emergency
- 6 day surgery chairs
- 2 operating theatres
- Specialist consulting rooms
- Youth services
- Moreton Bay House – 41 bed residential aged care facility

### **Kincaig Medical Clinic – Naracoorte**

KMC **has** been providing medical services to Naracoorte and the surrounding district for over 40 years. Private medical practitioners from KMC service the accident and emergency department at Naracoorte Hospital.

## What you can expect LCLHN

Provide a short overview of the role, what should employees expect?

The Mount Gambier Hospital **Emergency Department** has approximately 19,000 attendances each year. You will work with the ED Director, supervising FACEMs and GPs, Junior Medical Officers, Hospital Medical Officers and hospital specialists in providing initial care for patients with a wide range of acute and semi-acute medical and surgical conditions. During this term you will gain clinical and procedural experience in the areas of management of emergency department presentations. This is achieved through rostered time in the ED including after-hours shifts.

In the **Medical Ward** you will work with the on-call physician and other Junior Medical Officers in providing inpatient medical care. You will also have some experience in seeing patients in the High Dependency Unit in collaboration with other team members.

In the **Paediatric Unit** you will work with resident specialists in paediatrics, visiting paediatricians, nursing and allied health professionals in the hospital and community setting and education and community support networks which assist children in the rural setting. The Paediatrics term offers a broad exposure to children, incorporating inpatients and outpatients.

During the **GP Obstetrics** rotation, you will provide both general practice services as well as working closely with Midwives and GP Obstetricians to deliver a range of obstetric services at Naracoorte Hospital. This o includes: assessing antenatal, intrapartum and postnatal women, providing antenatal care in the clinic, attending and assisting with labour and delivery, assisting at caesarean section and assisting with management of neonate after caesarean section. You will

	<p>experience neonatal resuscitation with the GP Obstetrician and/or GP Anaesthetist and assisted delivery with GP Obstetrician – Ventouse or forceps.</p> <p>During the <b>GP Anaesthetics</b> rotation, you will provide both general practice services as well as working closely with the GP Anaesthetists on the delivery of Anaesthetic services in Naracoorte Hospital. These include assessment of patients prior to surgery in regards to their anaesthetic and pain management requirements, organising and follow-up of investigations, and supported management of aspects of anaesthesia in the operating theatre. You will experience induction, airway maintenance, management and reversal of anaesthesia and regional anaesthesia and caring for patients during their immediate post-surgery and recovery phase.</p> <p>Accommodation will be provided when rotating to Naracoorte.</p> <p>The <b>relieving</b> role will provide the opportunity for the hospital to cover leave for interns and other junior staff across the Mount Gambier Hospital. This relieving term will only be responsible for covering positions accredited to the level of the trainee.</p>
Will I be based at Mount Gambier all year? Will I be expected to travel to other country locations?	You will be allocated rotations in both Mount Gambier and Naracoorte. Mount Gambier is considered the base hospital and accommodation will be provided during your rotations to Naracoorte.
What are the key outcomes of the program?	The aim of this program is to provide trainees with sufficient clinical experience and supervision support to meet the log book and work-based assessments requirements for RACGP hospital rotations and ACRRM Core Clinical Training.
Are contracts renewed every 12 months? If I want to stay on for an extra year, do I have to apply again?	This position is a 12 month contracted position only.
What are the hours of work and overtime?	10 shifts per fortnight. Roster is according to organization’s demand. PGY2+ residents are required to do morning, evening and some night shifts with appropriate supervision.
What education is provided?	The hospital has a strong learning focus with weekly small group learning tutorials as well as more formal training including: <ul style="list-style-type: none"> <li>- Advanced Life Support</li> <li>- Grand Rounds</li> </ul>
Indicate how the supervision will be provided, will this vary from rotation to rotation?	Each shift the trainee will work with a named supervisor who will provide clinical supervision. Overall term supervision is provided by at least one experienced clinician in each Department.
What other supports are provided?	The medical education unit have an open door policy where trainees are welcomed to discuss any issues or concerns. The DCT and MEO also arrange confidential beginning and end of year appraisals as a formal time for trainees to ask for advice/support, highlight any concerns, discuss career pathways, and provide feedback about the training program.
Will the TMO supervise interns/others in their role?	In some units PGY2+ trainees will work with the named supervisor to support interns and medical students. This role will develop during the year as the trainee becomes more experienced.

What pathways are there after the year is completed?

Trainees are encouraged to see this post as a step in their pathway to providing rural generalist services to a community in rural South Australia. This position can articulate with:

- > Other local training positions including General Practice (with GPEX or on the independent pathway) or
- > ASTs in either Emergency Medicine and Obstetrics

## Rotations at LCLHN

Rotations are primarily based at Mount Gambier Hospital with rotations also in Naracoorte.

Each trainee will get two of the following rotations:

- Paediatrics ([Term Description here](#))
- GP Obstetrics ([Term Description here](#))
- GP Anaesthetics ([Term Description here](#))

And two of the following:

- Emergency ([Term Description here](#))
- General Medicine
  - ([General Medicine Term Description here](#))
  - ([General Surgery Term Description here](#))
- Relieving ([Term Description here](#))

## Selection into Mount Gambier General Training/ General Practice Training

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### About the selection panel

The selection panel for this post usually includes a PGY2+ clinician supervisor, a junior doctor and a member of the multi-disciplinary hospital team. The selection panel can also include a member of staff from the FURHSA TMO unit.

### Eligibility

Both Australian trained candidates currently in PGY2+ and international medical graduates who have general registration and who will have at least 1 year clinical experience on commencement are eligible to apply for this role. Candidates must have Australian Working Rights to be eligible to apply. Candidates must be available to work for a 12 month full-time contract commencing 1 February 2021.

### Skills and knowledge required for the role

Prerequisite medicinal knowledge and skills at intern level is assumed (see Australian Junior Doctor Curriculum Framework).

Other attributes required for this role include:

- > Interest in experiencing rural learning environment.
- > Demonstrated high level communication skills both verbally and in writing.
- > Professional integrity and ability to work in a multi-disciplinary team environment.
- > Ability to be adaptable to change.
- > Sound experience in procedural skills.
- > Sound examination and diagnostic skills in adult and paediatric medicine.
- > Knowledge and awareness of quality improvement activities and clinical risk reduction and patient safety techniques.

## Selection Process

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### Our approach to selection

At a minimum the selection process will involve assessing your:

- > Curriculum Vitae,
- > Answers to application short answer questions,
- > Referee reports,
- > Appropriate completion and submission of required documentation and
- > An interview.

All applications will be scored/ranked for shortlisting. Shortlisted applicants will be invited to a face-to-face or video conference interview, and in some circumstances this can be conducted via teleconference.

SA Health will match the highest ranked candidates to these positions.

### Your application

Your application must include:

- > An application addressing the selection criteria (see below).
- > A curriculum vitae.
- > Contact details from two referees in Australia who have worked with you in a clinical setting.

### Curriculum vitae

Curriculum vitae should include:

- > Contact details including email and mobile phone number.
- > Qualifications and academic achievements.
- > Clinical achievements
  - All jobs / clinical placements since completing medical school.
  - Any rural clinical experiences since commencing medical school.
- > Personal Development
- > Activities which demonstrate your interest in and commitment to rural practice.

### Cover letter

Not required

### Other application questions

You will be required to answer the following question in the application form:

1. In no more than 500 words, describe your experience relevant to and interest in rural generalist practice.

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## Interview

Applicants who are shortlisted for an interview will be notified by mobile phone and/or email.

The intention of the interview is to ensure that they are the best fit for the role. Interview is likely to include invitation to describe previous experiences and some scenario based question with the aim to evaluate candidates against selection criteria which include:

1. Demonstrated ability to thrive in the rural context.
2. Highly effective communication and collaboration skills in the clinical setting.
3. Clinical competence commensurate with PGY2+ role

## Contacts

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### CHSALHN

Workforce enquiries – Mount Gambier Hospital  
Medical Administration  
Mount Gambier and Districts Health Service

Name: Kristy Overmaat  
Email: [kristy.overmaat@sa.gov.au](mailto:kristy.overmaat@sa.gov.au)  
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Education & Training Enquiries:  
Flinders University Rural Health SA

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## Role Description

[View Role Description here](#)

## Frequently Asked Questions

### **I am unsure about moving to the country. Can I visit to look at the facilities prior to finalising my preferences?**

We would encourage you to visit our beautiful city and enjoy the rural hospitality. Please let us know if you are planning a visit so that we can facilitate this, for example, with a tour of the hospital and Flinders University Rural Health SA, and point you in the direction of touring and entertainment. Mount Gambier lays half way between Adelaide and Melbourne, but that's not the only reason we're perfectly centred. Mount Gambier strikes the ideal balance between the vibrant lifestyle of a big city and comforts of a small town, between cultural progress and tradition, and between modern conveniences and the preservation of natural beauty – be it our iconic blue lake, or our many caves, sinkholes and parks.

### **Will accommodation be provided?**

You will need to arrange your own accommodation for your Mount Gambier rotations. Real estate agents can assist you with this. You will find rentals very affordable compared with the metropolitan area. Accommodation is provided for your rotations in Naracoorte.

### **Will I be supported with relocation expenses?**

We appreciate that moving house can put a strain on your finances, particularly prior to starting your new job. Please contact us to discuss what relocation support may be available and what documentation you will need to supply.

### **Will I need my own transport?**

Mount Gambier is a rural city of over 25,000 people. Some sort of private transport is highly recommended as the city is spread over quite a large area. Most locations are only 3-8 minutes away by car, 10-15 by bicycle. There is a limited public transport system (bus) which runs primarily between 9am and 5pm. Naracoorte is located approximately 100kms from Mount Gambier.

### **Do I need to arrange for a carpark?**

The good news is that parking in all of Mount Gambier is currently free of charge. Some areas require permits and time limits, but generally it is easy to park in or around the Hospital and University precinct. There is a secure staff car park on the Hospital site.

### **Can I get decent coffee and food in Mount Gambier?**

Yes and yes. There is a wide range of cuisines on offer and real baristas. Several farmers and craft markets operate regularly throughout the South East. Nearby are premium wine growing regions. The problem will be what to choose! The hospital has a fantastic chef run café on site with its own good coffee and good food – the ideal place to catch up with some of the other 50+ doctors on site.

### **Can I get my cultural fix of theatre, music and cinema?**

The benefits of being half way between Adelaide and Melbourne is that shows stop here to perform. Don't expect Madonna, but entertainers such as our own Louise Adams and Kasey Chambers have all recently dropped in. Adelaide Fringe in Mount Gambier is a month long program of spectacular performances and visual arts events in Mount Gambier as part of the Adelaide Fringe and brings the streets to life throughout the last weekend in February through mid-March. Mount Gambier is the home of the James Morison Jazz Academy and this Generations in Jazz is a spectacular gathering on the outskirts of the city and not only attracts the jazz legends of today, but the bright stars of tomorrow, bringing together up to 4400 of Australia's most talented musicians, along with a growing list of global artists. Generations in Jazz represents a wonderful opportunity to listen, perform, respect, and develop a true appreciation for a truly wonderful sound, and be part of a commitment to furthering jazz in

Australia and beyond. There is the 500 seat Sir Robert Helpmann Theatre that hosts a range of theatre, film, music and dance events and a cinema complex. The Riddoch Art Gallery is the largest SA Regional Gallery.

Still got questions?

Some websites that may assist you:

*SA Health Salaried Medical Officers Enterprise Agreement 2017* [here](#)

*Australian Health Practitioner Regulation Agency (AHPRA) registration standards* [here](#)