

Government of South Australia SA Health

Limestone Coast Local Health Network Inc Mount Gambier and Districts Health Service

TERM DESCRIPTION



Term descriptions are designed to provide important information to prevocational trainee medical officers (TMOs) regarding a particular rotation. They are best regarded as a clinical job description and should contain information regarding the:

- Casemix and workload,
- Roles & Responsibilities,
- Supervision arrangements,
- Contact Details,
- Weekly timetable, and
- Learning objectives.

The term description may be supplemented by additional information such as Clinical Protocols which are term specific. Term supervisors should have considerable input into the content of the term description and they are responsible for approving the content. In determining learning objectives, supervisors should refer to the Australian Curriculum Framework for Junior Doctors (ACFJD). The term description is a crucial component of orientation to the term, however it should also be referred to during the mid-term appraisal and end-of-term assessment processes with the TMO.

FACILITY: Whyalla Hospital Health Service				
TERM NAME: Anaesthetics				
TERM SUPERVISOR: Dr Arnab Ba	TERM SUPERVISOR: Dr Arnab Banerjee			
CLINICAL TEAM: Include contact details of all relevant team members	Specialist Anaesthetists: Jim Heng Cosmo David Harvey Non-specialist Anaesthetist: Peter Gilcrest			
ACCREDITED TERM FOR :	Г	Number	Core/Elective	Duration
	PGY1	Number		Duration
	PGY2+	1		12 weeks
OVERVIEW OF UNIT OR SERVICE Include outline of the role of the unit, range of clinical services provided, case mix etc.	Provides Anaesthetic services throughout the Whyalla Hospital, including assessment, optimisation, the provision of anaesthesia and some post- operative care. The department also has a key role in Acute Pain provision and resuscitation within the Whyalla Hospital. The department is also involved in Teaching and Research.			

	You will work with the Anaesthetists in providing pre-op patient assessments,			
	high risk anaesthetic clinic, intra-op anaesthetics and post-surgical follow-up including pain management.			
REQUIREMENTS FOR COMMENCING THE TERM: Identify the knowledge or skills required by the TMO before commencing the term and how the term supervisor will determine competency	 Although previous experience in Anaesthetics is an advantage, there is no specific assessment of knowledge or skills prior to commencement of the term. Suggested pre term reading: 1) How to Survive in Anaesthesia: A Guide for Trainees, 3rd ed. Robinson N, Hall G. 2) Anaesthesia Secrets 4th Edition, James Duke 3) Textbook of Anaesthesia [Paperback]A.R. Aitkenhead 4) Clinical Anesthesiology [Paperback] G. Edward Morgan (Author), Maged S. Mikhail 			
ORIENTATION: Include detail regarding the arrangements for Orientation to the term, including who is responsible for providing the term orientation and any	You will expect a formal orientation to this term with your term supervisor at the start of the term. They will explain the responsibilities and expectations of your role. The head theatre nurse will orientate the junior MO to theatre. The head nurse will explain the requirements for documentation and theatre proce			
additional resource documents such as clinical policies and guidelines required as reference material for the TMO.	Handover facilitated by the Medical Education staff will occur just prior to commencement of this term (usually the day before starting the new term). This will be accompanied by a setting of personal learning objectives for the term ahead.			
TMOs CLINICAL RESPONSIBILITIES AND TASKS: List routine duties and responsibilities including clinical handover	Trainees are expected to undertake pre-operative assessment and examination of patients. They are expected to be able to organise appropriate pre-operative management, write appropriate records of the anaesthesia including entry of monitored parameters. Trainees should also be able to provide orders for post-operative pain management. When making clinical assessments and management decisions, the trainee should report to the Consultant with whom they are working. All clinical management decisions should be documented clearly in the notes. Please note that Trainees are expected to work under supervision and any significant anaesthetic decisions should always be confirmed by the supervising Consultant. Trainees are expected to notify the Consultant if an inpatient has a potentially life threatening illness or test result.			
	 Informed consent Trainees cannot be expected to explain to patients the risks and benefits of anaesthesia and obtain informed consent. If the trainee has doubt concerning the information they are expected to discuss with the patient, they should discuss this with their Consultant as necessary Duties will include: Assessment of patients prior to surgery with regards to their anaesthetic and pain management requirements, including organisation and follow-up of investigations. Supervised management of aspects of anaesthesia in the operating theatre, including induction, airway maintenance, maintenance and reversal of anaesthesia and regional anaesthesia. Care of patients during their immediate post-surgery and recovery phase. Management of post-operative issues including fluid requirements and pain relief. Education of patients and their families about their anaesthetic and pain management. Communication with medical and nursing staff, patients and their families, and other health professionals regarding patient care and concerns, while adhering to patient confidentiality guidelines. 			

 management as required by hospital policy. Involvement in anaesthetic clinics. Active participation in the training and education opportunities provided, including case presentations on ward rounds and formal education sessions. 	••
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SUPERVISION: Identify staff members with responsibility for TMO supervision and the mechanisms for contacting them, including after hours. Contact details	IN HOURS: Level 1 Supervision at all times by the Consultant on duty and supported by senior nursing staff.
	AFTER HOURS:
	There are no after-hours duties expected in this term. Trainees are able to attend after hours cases for learning opportunities but this is optional and unpaid time.
STANDARD TERM OBJECTIVES:	CLINICAL MANAGEMENT:
The term supervisor should identify the knowledge, skills and experience that the TMO should expect to acquire during the term. This should include	This anaesthetics rotation is designed to provide the basic principles of general and regional anaesthesia.
reference to the ACFJD. The term objectives should be used as a basis of the mid and end of Term assessments.	It is intended that the trainee will understand the pharmacological and physiological effects of the common used anaesthetic agents and anaesthetic techniques. By the end of the attachment the trainee should have an understanding and familiarity with the principles of: 1) Pre-operative assessment and optimisation of patients 2) Principles of monitoring 3) Homeostatic support especially airway management, ventilation and haemodynamic support 4) Basic acute Pain management techniques Trainees should familiarize themselves with the goals of the rotation. A key outcome is gaining clinical experience in anaesthesia for uncomplicated elective surgery, day (ambulatory) surgery and procedural sedation. This commonly includes anaesthesia for elective (non-major) general, orthopaedic, gynaecological, urological, plastic, and endoscopic procedures, including procedures performed outside the operating theatre suite. The overall aim for the trainee is to develop a foundation for the ongoing development of clinical skills and abilities in anaesthesia. This includes the following (all under Level 1 supervision): • Conducting safe general anaesthesia and perioperative care for patients where risk is considered low. • Understanding physiology, pharmacology, clinical measurement, and monitoring as applied to anaesthesia, in preparation for presentation at the primary examination. • Understanding the principles of acute pain management. • Conducting safe procedural sedation. • Establishing a professional team approach with patients, families, colleagues and staff. • Appraising evidence-based approaches to clinical problems.
	 COMMUNICATION: To work effectively as part of a team involving health professionals from various disciplines.
	• To improve your skills in communication with patients, their families, hospital staff and other health professionals.

PROFESSIONALISM:
 To develop skills in setting personal learning goals and their achievement through self-directed continuing medical education. To increase your understanding about the ethical and medico-legal environment in which you practice.

INSERT TIMETABLE (the timetable should include term specific education opportunities, facility wide education opportunities e.g TMO education sessions, ward rounds, theatre sessions (where relevant), inpatient time, outpatient clinics etc. It is not intended to be a roster but rather a guide to the activities that the TMO should participate in during the week)

	Monday	Tuesday	Wednesda y	Thursday	Friday	Saturday	Sunday
AM	Orthopaedics General Surgery	Gynae/OB General Surgery	General Surgery Endoscope Dental	Orthopaedics Local Excisions Endoscope	Emergency Cases Pre Anaesthetic Clinic		
PM	Orthopaedics General Surgery	Gynae/OB Opthalmology Dental	General Surgery End scope Dental	Orthopaedics Gynae/Ob	Emergency Cases Pre Anaesthetic Clinic		
-	LOAD: umber of patients looked are TMO per day		nding on comp	olexity of cases			
OVERTIME Average hours per week ROSTERED: 38 Hour week UNROSTERED: N/A							
EDUCATION: Detail education opportunities and resources available to the TMO during the term. Formal education opportunities should also be included in the unit timetable. Anaest basis w Respirat o Lung o Airve Cardiova o Type o Deta			om your Term to document y or specific edu ic consultants a list is finish Physiology: olumes, Capac Resistance an lar Physiology f Shock and N inants of Card tid Base inants and reg Blood Gases		the Director ning achieven tunities. Ite to your ed ill topics such Dead Space ve ascular Resista	of Clinical Trainents through ucation on an as: ersus Shunt ince	ning. This will out the year

	o Concept of Clearance including GFRo Renin Angiotensin Systems
	Haematology
	o Physiology of Coagulation and Anticoagulation
	o RBCs, Platelets, FFPs, Cryoprecipitate and Factor 7
	Maternal and Foetal
	 Maternal Cardiovascular and Pulmonary changes in pregnancy Foetal Circulation
	o Analgesics:
	o Paracetamol, NSAIDs and Opioids mechanism of actions
	o Doses and pre-emptive management of side effects
	Muscle Relaxants
	o Neuromuscular Junction
	o Clinical Uses of Nerve Stimulator
	Inhalational Agents
	o MAC types and factors that control MAC requirements
	o Pharmacodynamics
	Induction Agents
	o Pharmacokinetics
	o Pharmacodynamics
	Local Anaesthetics
	o Doses and Relative potencies
	o Toxicity and Management
	There will be two formal opportunities for assessment and evaluation, with the
ASSESSMENT AND FEEDBACK:	consultant Term Supervisor in consultation with other medical and nursing staff.
Detail arrangements for formal	These assessments are discussed with the term supervisor and signed by both
assessment and feedback provided to TMO during and at the end of the term.	supervisor and intern. The assessments are also then viewed and signed by The
Specifically, a mid-term assessment	Director of Clinical Training. The mid-term assessment will be formative and
must be scheduled to provide the TMO with the opportunity to address any	allow for goal setting for the remainder of the term. The end of term assessment
short-comings prior to the end-of-term	will be summative and give a final score for the clinical attachment.
assessment.	
ADDITIONAL INFORMATION:	
Term description developed on:	May 2020
Due for review on:	Dec 2021

Patient Assessment

Patient identification I Follows the stages of a verification

process to ensure the correct identification of a patient

I Complies with the organisation's procedures for avoiding patient

misidentification

I Confirms with relevant others the

correct identification of a patient

History & Examination

Recognises how patients present with common acute and chronic problems and conditions

Clinical Management

Undertakes a comprehensive & focussed history Performs a comprehensive

examination of all systems

Elicits symptoms & signs relevant to the presenting problem or condition

Problem formulation Synthesises clinical information to generate a ranked problem list containing

appropriate provisional diagnoses as part of the clinical reasoning process I Discriminates between the possible differential diagnoses relevant to a patient's presenting problems or

conditions Regularly re-evaluates the patient problem list

Investigations

☑ Judiciously selects, requests and is able to justify investigations in the context of particular patient presentation Follows up & interprets investigation results appropriately to guide patient management

Identifies & provides relevant & succinct information when ordering investigations

Referral & consultation

Identifies & provides relevant & succinct information Applies the criteria for referral or consultation relevant to a particular problem or condition I Collaborates with other health professionals in patient assessment

Safe Patient Care

Systems Works in ways which acknowledge the complex interaction between the healthcare environment, doctor & patient I Uses mechanisms that minimise error e.g. checklists, clinical pathways Participates in continuous quality

improvement e.g. clinical audit

Risk & prevention

☐ Identifies the main sources of error & risk in the workplace

Recognises & acts on personal factors which may contribute to patient & staff risk Explains and reports potential risks to patients and staff

Adverse events & near misses

Describes examples of the harm caused by errors & system failures Documents & reports adverse events

in accordance with local incident reporting systems

Recognises & uses existing systems to manage adverse events & near misses Public health

Knows pathways for reporting

notifiable diseases & which conditions are notifiable

Acts in accordance with the management plan for a disease outbreak

Identifies the key health issues and opportunities for disease and injury prevention in the community Infection control

☑ Practices correct hand-washing & aseptic techniques

⊠Uses methods to minimise transmission of infection between patients

Rationally prescribes antimicrobial / antiviral therapy for common conditions Radiation safety

I Minimise the risk associated with exposure to radiological investigations or procedures to patient or self

Rationally requests radiological investigations & procedures Regularly evaluates his / her ordering of radiological investigations & procedures

Medication safety

Identifies the medications most commonly involved in prescribing and administration errors Prescribes, calculates and administers all medications safely mindful of their risk profile Routinely reports medication errors and near misses in accordance with local requirements

Acute & Emergency Care

Assessment

Recognises the abnormal physiology and clinical manifestations of critical illness Recognises & effectively assesses acutely ill, deteriorating or dying patients Initiates resuscitation when clinically indicated whilst continuing full assessment of the patient

Prioritisation

Applies the principles of triage & medical prioritisation

Identifies patients requiring immediate resuscitation and when to call for help e.g. Code Blue / MET

Basic Life Support

Implements basic airway management, ventilatory and circulatory support Effectively uses semi-automatic and

automatic defibrillators Advanced Life Support

Identifies the indications for advanced

airway management

Recognises malignant arrhythmias, uses resuscitation/drug protocols and manual defibrillation

Participates in decision-making about and debriefing after cessation of resuscitation

Acute patient transfer

Identifies when patient transfer is required

Identifies and manages risks prior to and during patient transfer

Patient Management

Management Options

Identifies and is able to justify the patient management options for common problems and conditions

Implements and evaluates a management plan relevant to the patient following discussion with a senior clinician

Inpatient Management Reviews the patient and their response

to treatment on a regular basis Therapeutics

I Takes account of the actions and interactions, indications, monitoring requirements, contraindications & potential adverse effects of each medication used Involves nurses, pharmacists and allied health professionals appropriately in medication management

Evaluates the outcomes of medication therapy

Pain management

Specifies and can justify the hierarchy of therapies and options for pain control Prescribes pain therapies to match the patient's analgesia requirements Fluid, electrolyte & blood product

management

☑ Identifies the indications for, & risks of, fluid & electrolyte therapy & blood products Recognises and manages the clinical consequences of fluid electrolyte imbalance in a patient

Develops, implements, evaluates and maintains an individualised patient management plan for fluid, electrolyte or blood product use

Maintains a clinically relevant patient management plan of fluid, electrolyte and

blood product use Subacute care

Identifies patients suitable for & refers to aged care, rehabilitation or palliative care programs

Identifies common risks in older and complex patients e.g. falls risk and cognitive decline

Ambulatory & community care

Identifies and arranges ambulatory and community care services appropriate for each patient

Discharge planning

Recognises when patients are ready for discharge

I Facilitates timely and effective discharge planning

End of Life Care

Arranges appropriate support for dying patients

Takes account of legislation regarding Enduring Power of Attorney and Advanced Care Planning

Skills & Procedures

Decision-making

Explains the indications, contraindications & risks for common procedures Selects appropriate procedures with

involvement of senior clinicians and the patient

Considers personal limitations and ensures appropriate supervision

Informed consent

Applies the principles of informed consent in day to day clinical practice

Identifies the circumstances that require informed consent to be obtained by a more senior clinician

Provides a full explanation of procedures to patients considering factors affecting the capacity to give informed consent such as language, age & mental state

Performance of procedures

Ensures appropriate supervision is available

Identifies the patient appropriately Prepares and positions the patient appropriately

Arranges appropriate equipment

defines their roles

premedication

complications

of treatment

arranges follow-up

⊠ Venepuncture

Recognises the indications for local, regional or general anaesthesia

Arranges appropriate support staff and

Provides appropriate analgesia and/or

competent manner using aseptic technique

Interprets results & evaluates outcomes

Performs procedure in a safe and

Identifies and manages common

Provides appropriate aftercare &

Skills & Procedures

- ☑ IV cannulation I Preparation and administration of IV medication, injections & fluids
- Arterial puncture in an adult Blood culture (peripheral)
- IV infusion including the prescription of fluids
- IV infusion of blood & blood products
- Injection of local anaesthetic to skin
- ☐ Subcutaneous injection ☐ Intramuscular injection

Perform & interpret an ECG
 Perform & interpret peak flow

Urethral catheterisation in adult females & males

Airway care including bag mask ventilation with simple adjuncts such as pharyngeal airway

⊠ NG & feeding tube insertion

- Gynaecological speculum and pelvic
- examination

Surgical knots & simple suture insertion

Corneal & other superficial foreign

body removal

Plaster cast/splint limb immobilisation

Clinical Symptoms, **Problems & Conditions**

Common Symptoms & Signs

Fever Dehydration Loss of Consciousness Syncope Headache Toothache

- Upper airway obstruction
- Chest pain Breathlessness
- Cough Back pain
- ⊠ Nausea & Vomiting
- Jaundice
- Abdominal pain
- Gastrointestinal bleeding Constipation
- Diarrhoea
- Dysuria / or frequent micturition
- I Oliguria & anuria
- Pain & bleeding in early pregnancy
- ⊠ Agitation
- Depression

Common Clinical Problems and

 Non-specific febrile illness
 Sepsis Shock Anaphylaxis Envenomation Diabetes mellitus and direct complications Thyroid disorders Electrolyte disturbances Malnutrition Obesity
 Red painful eye
 Cerebrovascular disorders Meningitis
 Seizure disorders
 Delirium Common skin rashes & infections Fractures

Minor Trauma

Multiple Trauma

Rheumatoid arthritis Gout

- ⊠Hypertension Heart failure Schaemic heart disease Cardiac arrhythmias Thromboembolic disease Limb ischaemia Leg ulcers Oral infections Periodontal disease Asthma Respiratory infection Chronic Obstructive Pulmonary Disease Obstructive sleep apnoea Liver disease Acute abdomen Urinary incontinence & retention Sexually Transmitted Infections Anaemia Bruising & Bleeding Management of anticoagulation Cognitive or physical disability Substance abuse & dependence Psychosis
 Depression Anxiety Deliberate self-harm & suicidal behaviours Paracetamol overdose Benzodiazepine & opioid overdose Common malignancies Chemotherapy & radiotherapy side effects The sick child
- Child abuse Dementia
- Functional decline or impairment
 Fall, especially in the elderly
- Elder abuse Poisoning/overdose

Professionalism

Doctor & Society

Access to healthcare

ldentifies how physical or cognitive disability can limit patients' access to healthcare services Provides access to culturally appropriate healthcare

Demonstrates and advocates a non discriminatory patient-centred approach to care

Culture, society healthcare Behaves in ways which acknowledge the social, economic political factors in patient illness

Behaves in ways which acknowledge the impact of culture, ethnicity, sexuality, disability & spirituality on health

- may impact on his/her role as a doctor
- Indigenous patients Behaves in ways which acknowledge the impact of history & the experience of
- Indigenous Australians
- Behaves in ways which acknowledge Indigenous Australians' spirituality & relationship to the land
- Behaves in ways which acknowledge the diversity of indigenous cultures, experiences & communities

Professional standards

I Complies with the legal requirements of

Septic arthritis

Complies with the legal requirements in patient care e.g. Mental Health Act, death certification

Completes appropriate medico-legal documentation Liaises with legal & statutory authorities, including mandatory reporting where applicable Health promotion Advocates for healthy lifestyles & explains environmental lifestyle risks to health Uses a non-judgemental approach to patients & his/her lifestyle choices (e.g. discusses options; offers choice) Evaluates the positive & negative aspects of health screening and prevention when making healthcare decisions Healthcare resources

constraint on patient care Uses finite healthcare resources wisely to achieve the best outcomes Works in ways that acknowledge the complexities & competing demands of the healthcare system

Professional Behaviour

Professional responsibility

Behaves in ways which acknowledge the professional responsibilities relevant to his/her health care role Maintains an appropriate standard of professional practice and works within personal capabilities Reflects on personal experiences, actions & decision-making Acts as a role model of professional behaviour

Time management

Prioritises workload to maximise patient outcomes & health service function Demonstrates punctuality

Personal well-being

Is aware of, & optimises personal health

& well-being

Behaves in ways to mitigate the personal health risks of medical practice e.g. fatigue, stress

Behaves in ways which mitigate the potential risk to others from your own health

status e.g. infection Ethical practice

Behaves in ways that acknowledge the ethical complexity of practice & follows professional & ethical codes

Consults colleagues about ethical

concerns Accepts responsibility for ethical decisions

Practitioner in difficulty

Identifies the support services available Recognises the signs of a colleague in

difficulty and responds with empathy Refers appropriately

Doctors as leaders

Shows an ability to work well with & lead

others

Exhibits leadership qualities and takes leadership role when required

Professional Development

Reflects on own skills & personal attributes in actively investigating a range of career options

Participates in a variety of continuing

education opportunities Accepts opportunities for increased

autonomy and patient responsibility under their supervisor's direction

Teaching, Learning & Supervision

being a doctor e.g. maintaining

registration

Adheres to professional standards

Respects patient privacy&

based resources to support patient care & own learning Seeks opportunities to reflect on & learn from clinical practice Seeks & responds to feedback on learning Participates in research & quality improvement activities where possible Teaching Plans, develops & conducts teaching sessions for peers & juniors Uses varied approaches to teaching Incorporates teaching into clinical work
 Evaluates & responds to feedback on own teaching Supervision, Assessment & Feedback Seeks out personal supervision & is responsive to feedback Seeks out and participates in personal feedback and assessment processes Provides effective supervision by using recognised techniques & skills (availability, orientation, learning opportunities, role modelling, delegation) Adapts level of supervision to the learner's competence & confidence Provides constructive, timely and specific feedback based on observation of performance Escalates performance issues where appropriate

Communication

Arranges an appropriate environment for communication, e.g. privacy, no interruptions

& uses effective strategies to deal with busy

☑ Uses principles of good communication to

Uses effective strategies to deal with the

Treats patients courteously & respectfully,

showing awareness & sensitivity to different

Maintains privacy & confidentiality

Applies the principles of good

Uses interpreters for non-English

speaking backgrounds when appropriate

ensure their participation in decisions about

Identifies the impact of family dynamics

Ensures relevant family/carers are

included appropriately in meetings and

Respects the role of families in patient

Recognises the manifestations of, &

Participates in breaking bad news to

responses to, loss & bereavement

patients & carers

Involves patients in discussions to

Meetings with families or carers

on effective communication

Provides clear & honest information to

patients & respects their treatment choices

communication (e.g. verbal & non-verbal) &

communicates with patients & carers in ways

ensure effective healthcare relationships

Patient Interaction

or difficult environments

difficult or vulnerable patient

Providing information

they understand

decision-making

confidentiality

Medicine & the law

Breaking bad news

health care

their care

Context

Respect

backgrounds

Establishes & uses current evidence

Self-directed learning ⊠ Identifies & addresses personal learning objectives

Open disclosure Explains & participates in implementation of the principles of open disclosure Ensures patients & carers are supported & cared for after an adverse event

Complaints

Acts to minimise or prevent the factors that would otherwise lead to complaints Uses local protocols to respond to complaints

Adopts behaviours such as good communication designed to prevent complaints

Managing Information

Written

Complies with organisational policies regarding timely & accurate documentation Demonstrates high quality written skills e.g. writes legible, concise & informative discharge summaries Uses appropriate clarity, structure and content for specific correspondence e.g. referrals, investigation requests, GP letters ☑ Accurately documents drug prescription, calculations and administration Electronic Uses electronic resources in patient care e.g. to obtain results, populate

discharge summaries, access medicines information Complies with policies, regarding

information technology privacy e.g. passwords, e-mail & internet, social media

Health Records

⊠ Complies with legal/institutional requirements for health records ☑ Uses the health record to ensure continuity of care

Provides accurate documentation for patient care

Evidence-based practice

Applies the principles of evidencebased practice and hierarchy of evidence

Uses best available evidence in

clinical decision-making

Critically appraises evidence and information

Handover

I Demonstrates features of clinical handover that ensure patient safety & continuity of care Performs effective handover in a structured format e.g. team member to

team member. hospital to GP. in order to ensure patient safety & continuity of care

Working in Teams

Team structure

Identifies & works effectively as part of the healthcare team, to ensure best patient care Includes the patient & carers in the team decision making process where appropriate Uses graded assertiveness when appropriate Respects the roles and responsibilities of multidisciplinary team members Team dynamics Demonstrates an ability to work harmoniously within a team, & resolve conflicts when they arise Demonstrates flexibility & ability to adapt to change Identifies & adopts a variety of roles within different teams

Case Presentation

Presents cases effectively, to senior medical staff & other health professionals