



PGY3+ FUNLHN Whyalla Rural Generalist Psychiatry Advanced Skills

Job Pack 2022 clinical year



as at April 2021

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About Rural Generalist Psychiatry Advanced Skills

Introduction

We invite you to become part of a collegiate, committed, multidiscipline Psychiatry team consisting of Consultant Psychiatrists, and a wonderful group of experienced and qualified mental health nurses and Allied Health staff.

This position provides Rural Generalist Trainees with either ACRRM or RACGP advanced skills in Psychiatry.

The Trainee will gain experience in acute adult psychiatry with particular focus on patients living in Whyalla and the Northern and Eyre regions of rural South Australia.

The trainee will assess and manage patients with psychiatric illnesses usually in the 18-65 years old age group who present with acute psychiatric problems, including affective disorders, psychotic illnesses, substance related presentations, and acute crises that can occur in patients with vulnerable personality styles. Patients with chronic illness who suffer from an acute exacerbation, are also commonly seen.

The program offers generous opportunities to learn a wide range of practical and skills in a rural setting.

This rotation is best undertaken through GPEX or an independent pathway with either GP College. Preference is given to applicants committed to rural GP Psychiatry. The FUNLHN Rural Generalist Psychiatry Advanced Skills position is available to Post-graduate Year 3 and above (PGY3+).

Key Dates

Applications open:	Monday 7 June 2021
Applications close:	Wednesday 30 June 2021 (close at midnight)
Referee reports close:	Wednesday 14 July 2021
Shortlisting commences:	Thursday 29 July 2021
Interviews:	To be advised
Round 1 results available to applicants:	Thursday 16 September 2021 (1 st preference matches only)
Round 2 results available to applicants (excluding general training):	Thursday 23 September 2021 (2 nd or higher preference matches)
Round 3 results available to applicants (excluding general training):	Thursday 30 September 2021 (3 rd or higher preference matches)
Round 4 onwards (including general training):	Thursday 7 October 2021 (4 th or higher preference matches)
Start date of employment:	Monday 7 February 2022

Number of positions in 2021 clinical year



Flinders and Upper North Local Health Network (FUNLHN)

About FUNLHN

The Flinders and Upper North Local Health Network provides care for around 45,000 people living north from the Spencer Gulf to the Northern Territory, including the communities of Hawker, Leigh Creek, Port Augusta, Roxby Downs, Quorn and Whyalla. The Flinders and Upper North Local Health Network is one of ten Local Health Networks including six across country South Australia. The LHN covers an area of 540,190 square kilometres. The Flinders and Upper North Local Health Network is incorporated under the South Australian Health Care Act 2008 and has a Governing Board which reports to the Minister for Health and Wellbeing. The Flinders and Upper North Local Health Network provides a range of public acute, sub-acute, residential aged care, multi-purpose health services, community, and mental health services throughout the region. The Health Network includes:

- > Hawker Memorial Hospital
- > Leigh Creek Health Service
- > Port Augusta Hospital and Regional Health Service
- > Quorn Health Service
- > Roxby Downs Hospital
- > Whyalla Hospital and Health Service

Whyalla Hospital and Health Service

Flinders and Upper North residents have access to a wide range of health care services in a number of locations throughout the region. Port Augusta Hospital and Health Service is part of the Flinders and Upper North Local Health Network.

Whyalla Hospital provides 24 hours a day, seven days a week (24/7) accident and emergency services, acute inpatient care, maternal and neonatal services, elective surgery, renal dialysis, acute stroke, palliative, rehabilitation and orthotics/prosthetics service. There is a Regional Cancer Centre providing chemotherapy and an Integrated Mental Health Inpatient Unit on site with specialist oncologist and resident psychiatrist. Additional services located onsite are radiology (including MRI), SA Pathology, clinical pharmacy and Allied Health Services. Hospital services are co-located with community health services.

Whyalla Hospital and Health Services is a teaching hospital with Trainee Medical Officers (adult medicine, general surgery and interns) and Adelaide University Rural medical students spending their full fifth year in Whyalla.

What you can expect from FUNLHN

Provide a short overview of the role, what should employees expect?

The trainee is likely to do an initial detailed assessment and review of all new patients with the consultant psychiatrist, and then are actively involved in the patient's progress and management, working closely with ward nursing staff, social work staff, occupational therapist and psychologist. Rapid assessment of acute psychiatric emergencies in primary care or in the hospital emergency department for 12 patients is evidenced by a log book over a 6-month period, and case discussion with their supervising psychiatrist. The trainee is responsible for the 6-bed inpatient unit at Whyalla regional hospital under the supervision of the resident consultant psychiatrist.

Further experience in longitudinal adult psychiatric care includes the follow-up of recently discharged patients in the Whyalla regional hospital outpatient clinic. Trainees will participate in telemedicine/videoconference assessments involving their patients during admission and at times post discharge. The trainee is also introduced to various psychotherapeutic techniques include supportive/cognitive and cognitive-behavioural/ and insight-oriented psychotherapies.

Will I be based at Mount Gambier all year? Will I be expected to travel to other country locations?

The trainee is primarily based in the Whyalla Inpatient Mental Health Unit.

Travel to other country locations is not expected.

What are the key outcomes of the program?

The aim of this program is to provide trainees with sufficient clinical experience and supervision support to meet the requirements of either the RACGP FARGP or ACRRM AST.

Are contracts renewed every 12 months? If I want to stay on for an extra year, do I have to apply again?

This position is a 12-month contracted position only.

We encourage trainees to join the Psychiatry roster in Whyalla on completion of their Advanced Skills position. We provide a transition process where early career GP Psychiatrist are shadowed by an experienced Consultant Psychiatrist until they are confident to take on a fully independent role.

What are the hours of work and overtime?

Regular hours of work are 8:30 am to 4:30 pm. There are no after hours on call commitments.

However, should the work load reasonably demand overtime this could be negotiated with the trainee's supervisor or direct line manager.

What education is provided?

The trainee will receive educational support through The Adelaide Pre-Vocational Psychiatry Program. This usually involves didactic teaching session on a Thursday afternoon that the trainee will attend via videoconferencing. In addition, there is an hour of individual supervision each week with their principal supervisor. It is expected that over the course of the work week the trainee will receive at least four hours of supervision in individual and group situations while working alongside the consultant psychiatrist.

Indicate how the supervision will be provided, will this vary from rotation to rotation?

Consultant Psychiatrist (Approximately 0.5 FTE dedicated to inpatient unit. Remainder FTE shared with community services and hospital liaison).

What other support is provided?

The unit has the required Nursing and Allied Health Services. The Nursing, Social Work, Psychology and Occupational Therapy supports are either via ward-based staff and community teams.

Will the TMO supervise interns/others in their role?

Supervision is not a requirement of this position.

This position works directly with the Consultant and Nursing/Allied Health staff

What pathways are there after the year is completed?

Trainees are encouraged to see this post as a step in their pathway to providing rural generalist services to a community in rural South Australia.

Rotations at FUNLHN

This post is based within the Whyalla Inpatient Mental Health Unit at Whyalla Hospital and Health Service for the full calendar year.

It is not expected that other rotations will be allocated during this period.

Selection into FUNLHN Whyalla Rural Generalist Psychiatry Advanced Skills

About the selection panel

The selection panel will consist of members the Adelaide Prevocational Psychiatry Program (TAPPP) who currently facilitate the selection to other GPEx related Psychiatry positions.

Eligibility

Candidates currently PGY3 and above who are enrolled in Rural Generalist Training with either ACRRM or RACGP are eligible to apply for this role. Candidates must have Australian Working Rights to be eligible to apply.

Candidates must be available to work for a 12-month contract commencing on 7 February 2022.

Selection Process

Our approach to selection

At a minimum the selection process will involve assessing your:

- > Curriculum Vitae.
- > Answers to application short answer questions.
- > Referee reports.
- > Appropriate completion and submission of required documentation.
- > An interview.

All applications will be scored/ranked for shortlisting. Up to five people will be shortlisted for interview. Shortlisted applicants will be invited to a face-to-face or video conference interview, and in some circumstances this can be conducted via teleconference.

SA Health will match the highest ranked candidate to this position.

Your application

Your application must include:

- > An application addressing the selection criteria (see below).
- > A curriculum vitae.
- > Contact details from two referees in Australia who have worked with you in a clinical setting.

Curriculum Vitae

Curriculum vitae should include:

- > Contact details including email and mobile phone number.
- > Qualifications and academic achievements.
- > Evidence of being enrolled in ACRRM or RACGP training program.
- > Clinical achievements:
 - o All jobs / clinical placements since completing medical school.
 - o Any rural clinical experiences since commencing medical school.
- > Personal Development.
- > Activities which demonstrate your interest in and commitment to rural practice.

Cover letter

Not required.

Other application questions

1. *In no more than 300 words describe why rural general training and/or psychiatry interests you?*
2. *What experience have you had of either living and/or working in a rural area or what personal strengths do you have which will assist you to live and work within a rural community?*
3. *In no more than 250 words, please provide an example where you have demonstrated your commitment to providing a quality service to patients and their families. Please outline the situation, what actions you took, your role, who else you involved and the outcomes.*

Interview

Applicants who are shortlisted for an interview will be notified by mobile phone and/or email.

The intention of the interview is to ensure that they are the best fit for the role. Interview is likely to include invitation to describe previous experiences and some scenario-based questions with the aim to evaluate candidates against selection criteria which include:

- > *Demonstrated ability to thrive in the rural context.*
- > *Highly effective communication and collaboration skills in the clinical setting.*

Frequently Asked Questions

I am unsure about moving to the country. Can I visit to look at the facilities prior to finalising my preferences?

We would encourage you to visit our beautiful city and enjoy the rural hospitality. Please let us know if you are planning a visit so that we can facilitate this, for example, with a tour of the hospital, and point you in the direction of touring and entertainment. Whyalla is located on the Eyre Peninsula's Spencer Gulf and is the largest city for retail shopping within the region. Whyalla boasts a warm climate, accessible ocean shores and saltwater fishing. Whyalla represents South Australia's foremost combination of industrial and nature-based experiences. With vivid scenery, small city charm, distinctive mystic outback landscapes and year-round things to do.

Will accommodation be provided?

You will need to arrange your own accommodation. Real estate agents can assist you with this. You will find rentals very affordable compared with the metropolitan area.

Will I be supported with relocation expenses?

We appreciate that moving house can put a strain on your finances, particularly prior to starting your new job. Please contact us to discuss what relocation support may be available and what documentation you will need to supply.

Will I need my own transport?

Whyalla is a rural city of over 21,000 people. Some sort of private transport is highly recommended as the city is spread over quite a large area. Most locations are only 3-8 minutes away by car, 10-15 by bicycle. There is a limited public transport system (bus) which runs primarily between 9am and 5pm.

Do I need to arrange for a carpark?

The good news is that parking in all of Whyalla is currently free of charge. Some areas require permits and time limits, but generally it is easy to park in or around the Hospital and University precinct. There is a secure staff car park on the Hospital site.

Can I get decent coffee and food in Whyalla?

Yes and yes. Whyalla offers a range of dining options featuring regional produce inspired by freshness and seasonality. Restaurants, Cafes' and hotels provide something for everyone. There is a wide range of cuisines on offer and real baristas.

What is there to do in Whyalla?

The benefits of being on the Eyre Peninsula discovering rich Indigenous heritage. Whyalla is a city with a diverse culture. Whyalla is recognised as a regional hub for creative expression with performances, shows, events and exhibitions showcase a vibrant city reflected in the arts.

You can walk along sandy beaches or in leafy gardens, watch a show or movie, relax in a spa or swim, shop or socialise in a café or bar. With over 300 days of sunshine a year gives local residents an enviable lifestyle with natural wonders, spectacular vista and beaches, unique one-of-a-kind experiences and great services.

With open spaces, wind and ocean make for many sports and activities. Whyalla has over 100 sports codes from motor sports, golf to the traditional sports.

Unearth white sands, heritage listed pebble dunes and blue waters of every hue alongside coastal walks and tracks with stunning vistas across the Spencer Gulf. Whyalla has a lot to love.

Contacts

FUNLHN

Flinders and Upper North Local Health Network	Name: Dr Jacob Alexander Email: Jacob.Alexander@sa.gov.au Telephone: 0434 591 747
Workforce enquiries: Rural Generalist Coordination Unit Rural Generalist Program South Australia	Name: Rural Generalist Coordination Unit Email: Health.SARuralGeneralistTraining@sa.gov.au

Role Description

View Role Description [here](#)

Any further questions?

SA Health Salaried Medical Officers Enterprise Agreement 2017 [here](#)

Australian Health Practitioner Regulation Agency (AHPRA) registration standards [here](#)

For more information

www.sahealth.sa.gov.au

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