



PGY2+ EFNLHN
Rural Generalist / General Training

Information Pack 2025 Clinical Year

as of April 2024



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About the Eyre and Far North Local Health Network

Introduction

We invite you to become part of a collegiate, committed, multidiscipline team within the Eyre and Far North Local Health Network (EFNLHN) offering a full year of PGY2+ Rural Generalist / General Training Program based at the Port Lincoln Hospital and Health Service. This program is specially aimed to provide Trainee Medical Officers (TMO) who have just completed their internship and are seeking to work in rural general practice or general training in a rural hospital, experience at the Postgraduate Year 2 level (PGY2+).

There are opportunities within both the General Training Program and General Practice Program to undertake rotations in, Emergency, General Practice / Anaesthetics, General Practice / Emergency, General Practice / Obstetrics, and Medicine Inpatients. This Training program will set you up well for a Rural Generalist career into the future.

We invite you to become a valued member of the healthcare team in addition to local community in Port Lincoln, Ceduna, and Cummins.

This position can be undertaken as part of rural generalist training with either ACRRM or RACGP. Preferences will be given to applicants committed to a career in rural and remote practice in either a primary care or hospital-based setting, or a combination of both.

Key Dates

Expressions of Interest open:	Wednesday 12 June 2024 (09:00 am ACST)
Expressions of Interest close:	Wednesday 3 July 2024 (11:55 pm ACST)
Referee reports close:	Wednesday 10 July 2024
Shortlisting commences:	Wednesday 31 July 2024
Interviews:	To be advised
Round 1 results available to applicants:	Thursday 19 September 2024 (1 st preference matches only)
Round 2 results available to applicants (excluding general training):	Thursday 26 September 2024 (2 nd or higher preference matches)
Round 3 results available to applicants (excluding general training):	Thursday 3 October 2024 (3 rd or higher preference matches)
Round 4 onwards (including general training):	Thursday 10 October 2024 (4 th or higher preference matches)
Start date of Term 1 Clinical Year:	Monday 3 February 2025

Number of positions in 2024 clinical year



Eyre and Far North Local Health Network (EFNLHN)

What can you expect from EFNLHN

Does this program meet RACGP and ACRRM Training Requirements?

Yes.

RACGP Trainees will be able to spend at least 75% of their year in Hospital to meet the requirements of the College hospital year.

ACRRM Trainees are guaranteed to achieve two of the three core clinical experiences (Anaesthetics, Paediatrics and Obstetrics) as required by college during this year. No metropolitan program can guarantee this clinical experience for ACRRM trainees. The Paediatrics clinical experience is through management of paediatric patients in the Emergency Department and follows through if they require admissions.

Where will I be based? Will I be expected to travel to other country locations?

Trainees will spend at least 6 months in the primary location of Port Lincoln at one of the many rotations offered within the township. Trainees however have the opportunity to undertake rotations in the rural towns of Cummins and Ceduna. During rotations away from the primary site, accommodation costs are covered to ensure trainees are not financially disadvantaged.

What are the key outcomes of the program?

The program aims to provide TMOs with key experiences in the management of patients in the rural setting. A comprehensive experience in rural general practice, providing both primary care and inpatient care to local communities.

The Core Clinical experiences are mapped to the requirements of RACGP and ACRRM.

TMOs will acquire a more 'hands-on' experience in all aspects of patient-care including procedural skills and management of critical patients under close supervision and support of senior staff.

This will serve as an excellent pathway for in Rural Generalist Training or those intending to pursue general practice as well as other specialist training.

Advanced Skills Training program in Obstetrics are available for PGY3+.

Are contracts renewed every 12 months? If I want to stay on for an extra year, do I have to apply again?

This program involves a 3-year commitment with a 12-month probation period within the EFNLHN.

What education is provided?

Compulsory education sessions are conducted weekly on Thursday afternoons. These include a combination of skill sessions, simulation lab time, guest speakers and tutorials covering a range of topics across the year. Additionally, the MEU links in with the nursing education team for sessions including:

- ALS (Advanced Life Support),
- PROMPT (Practical Obstetric Multi-Professional Training)
- NALS (Neonatal Assisted Life Support) and
- OGET (Obstetrics and Gynaecology Education and Training).

Furthermore, Professional Development specialised sessions are held sporadically throughout the year including:

- CRASH (Critical, Resuscitation, Advanced life support, Simulation and Skills Training),
- ALS 2 and
- EMET (Emergency Medicine Education and Training).

In addition to set education, the MEU houses a range of medical texts to aid self-directed learning and the simulation lab is freely available to practice skills such as CPR, cannulation, plastering and catheterisation.

How will supervision be provided? Will this vary from rotation to rotation?

TMOs will work under close supervision and support of registrars and General Practitioners, consultants, and term supervisors. Rural General Practitioners are particularly dedicated teachers and mentors; this ensures a highly consistent level of supervision between rotations.

What other support is provided?

The Executive Director of Medical Service, Director of Clinical Training and Medical Education Officer are available for professional, administrative, and welfare support. The Medical Education unit has an open-door policy where TMOs are encouraged to discuss any issues or concerns. With Medical Education Staff not being located close to the site of all rotations, video conferencing and routine visits will facilitate the support provided out of Port Lincoln Hospital.

Will the TMO supervise interns/others in their role?

TMOs may be required to assist in the learning experience of medical students from the University of Adelaide and interns who are on rotation to Port Lincoln Hospital. In such instances, a senior supervisor will always be present and on-site.

Rotations at Eyre and Far North Local Health Network

The rotations of the Eyre and Far North Local Health Network are designed to provide a range of clinical experiences that are high quality and truly representational of rural medicine.

Each trainee will rotate through a combination of the following rotations:

- > **Emergency** – Port Lincoln Hospital and Health Service
- > **Medical Inpatients** – Port Lincoln Hospital and Health Service
- > **General Surgery** – Port Lincoln Hospital and Health Service
- > **Rural Generalism** – Ceduna
- > **General Practice / Emergency** – Cummins
- > **General Practice / Anaesthetics** – Port Lincoln (Boston Bay Family Health)
- > **General Practice / Obstetrics** – Port Lincoln (Boston Bay Family Health)
- > **General Practice / Aged Care / ED** – Port Lincoln (Investigator Clinic)
- > **General Practice** – Port Lincoln (Lincoln Medical Centre)
- > **Aboriginal Health** – Port Lincoln (Port Lincoln Aboriginal Health Service)

Accommodation and travel assistance is provided when completing a rotation away from your primary location.

Selection into EFNLHN Rural Generalist / General Training

About the selection panel

The selection panel for this program will include, but not limited to, a combination of the following:

- > Director of Clinical Training.
- > Executive Director of Medical Services.
- > Medical Education Officer.
- > Medical Workforce Manager

Eligibility

Must have:

- > Completed medical degree.
- > Have general medical registration with the Medical Board of Australia.
- > Have completed internship year.
- > Be available for a 12-month full-time commitment commencing February 2025.
- > Must have Australian Working Rights.

Skills and knowledge required for the role.

Educational/Vocational Qualifications

- > Medical Qualification registerable with the Medical Board of Australia.
- > Minimum of 1-year postgraduate training.

Personal Abilities/Aptitudes/Skills

- > Interest in experiencing rural learning environment.
- > Professional integrity.
- > Ability to work in a multidisciplinary team environment.
- > Commitment to quality improvement.
- > Ability to be adaptable to change.
- > Good Communication skills both verbally and in writing.
- > Proficient in using computers in various settings.
- > Commitment to teaching medical students.

Experience

- > Successful completion of intern or intern equivalent program.
- > Sound experience in procedural skills.
- > Sound examination and diagnostic skills in adult and paediatric medicine.
- > Good theoretical knowledge.
- > Knowledge and awareness of quality improvement activities and clinical risk reduction and patient safety techniques.

Selection Process**Our approach to selection**

At a minimum the selection process will involve assessing your:

- > Curriculum Vitae.
- > Answers to Expression of Interest short answer questions.
- > Referee reports.
- > Appropriate completion and submission of required documentation
- > An interview.

All Expression of Interests will be scored/ranked for shortlisting. Shortlisted applicants will be invited to a face to face or skype interview, and in some circumstances, this can be conducted via teleconference.

SA Health will match the highest-ranked candidates to the available positions of this program

Your Expression of Interest

Your Expression of Interest must include:

- > An Expression of Interest addressing the selection criteria
- > Current Curriculum Vitae.
- > Contact details from three referees in Australia who have worked with you in a clinical setting.

Curriculum Vitae

In your Curriculum Vitae you are required to carefully document any professional development you have undertaken including academic and clinical achievements, quality improvements and research.

The contact details for three referees should also be current and accurate.

Other Expression of Interest questions

- > *In no more than 300 words describe why rural general training interests you?*
- > *What experience have you had of either living and/or working in a rural area or what personal strengths do you have which will assist you to live and work within a rural community?*

Interview

Applicants who are shortlisted for an interview will be notified by mobile phone and/or email.

The intention of the interview is to ensure that they are the best fit for the role. Interview is likely to include invitation to describe previous experiences and some scenario-based question with the aim to evaluate candidates against selection criteria which include:

1. *Demonstrated ability to thrive in the rural context.*
2. *Highly effective communication and collaboration skills in the clinical setting.*

Frequently Asked Questions

I am unsure about moving to the country. Can I visit to look at the facilities prior to finalising my preferences?

We would encourage you to visit our beautiful cities and enjoy the rural hospitality. Please let us know if you are planning a visit so that we can facilitate this, for example, with a tour of the hospital, and point you in the direction of touring and entertainment.

Port Lincoln is situated in the Eyre Peninsula and is home to the largest commercial fishing fleet in the southern hemisphere, and as such is a tourist dream. Port Lincoln is the ideal balance between the vibrant lifestyle of a small city and comforts of a small town, between cultural progress and tradition, and between modern conveniences and the preservation of natural beauty – be it our dramatic coastlines, or our attractions as Memory Cove white sandy beaches or exploring Whalers Way or cage diving with sharks.

Ceduna is located on the shores of Murat Bay on the west coast of Eyre Peninsula. Ceduna is the major centre to a large and diverse business and industry sector on the Far West Coast. It is home to a robust oyster industry with surrounding Denial Bay and Smokey Bay together they supply almost half of South Australia's Oyster, which is why Ceduna has earned itself the title of "Oyster Capital of Australia". Ceduna us a vibrant, multicultural community and provides a full range of shopping, banking, and business services.

Cummins is located 65km north of Port Lincoln and in the very heart of the Lower Eyre Peninsula and is the perfect rural setting between spectacular coastlines. Cummins is surrounded by rich, undulating farmland. It is home to major beef and sheep farming and cereal grain growing and is the agricultural hub of the Lower Eyre Peninsula. The town's unique layout sees a dual railway cut through the centre of town, which is a constant minder of what makes the wheel turn in the region. Cummins offers a range of goods and services from delicious food, retail outlets and recreation facilities.

Will accommodation be provided?

Accommodation is provided for the first 6-months of placement, free of charge in one of the EFNLHN houses. Alternatively, TMO's can be provided with the sum of \$10,000 to go towards their accommodation costs. After this time rental expenses will need to be covered by TMO's. You will find rentals very affordable compared with the metropolitan area, with prices subsidized heavily.

Will I be supported with relocation expenses?

We appreciate that moving house can put a strain on your finances, particularly prior to starting your new job. Please contact us to discuss what relocation support may be available and what documentation you will need to supply.

Will I need my own transport?

Yes, in regional and rural locations, private transport is crucial as public transport is limited and unreliable Do I need to arrange for a carpark? The good news is that parking in all rural cities and towns are currently free of charge. Some areas require permits and time limits, but generally it is easy to park in or around the Hospital and University precincts. There is a secure staff car park on the Hospital site.

Can I get decent coffee and food?

Yes and yes.

Port Lincoln is renowned as Australia's Seafood Frontier for a reason, and the strong seafood industry is one of the highlights. Freshly shucked oysters straight from the pristine waters, locally caught prawns, tuna, mussels, and assorted fish, making fish and chips ever so appealing. With award winning restaurants and good local wine, it's definitely a great place to eat and drink. The problem will be what to choose!

Ceduna offers a range of dining options featuring regional produce inspired by freshness and seasonality. Restaurants, Cafes', and hotels provide something for everyone. There is a wide range of cuisines on offer and real baristas.

Cummins offer a range of dining options from the local hotel, bakery, and locally owned and operated business offering fresh and local produce.

What is there to do in the areas?

Port Lincoln The benefits of being on the Eyre Peninsula is discovering rich Indigenous heritage to unique street art and epic silo murals. Climb the ancient rock formations, hike in our many parks and swim in rock pools after picnicking on sandy beaches. Port Lincoln has the epic Gawler Ranges and a huge variety of flora and fauna. You can discover the amazing granite outcrops such as the Organ Pipes, Murphy's Haystacks, the huge Mt Wudinna granite monolith, or the spectacular Pildappa Rock. The Eyre Peninsula boasts some of the cleanest waters in the world, and some of the most unique marine life. You can swim with sea lions, dolphins, giant Cuttlefish, or dive down and look for Leafy Sea Dragons and spot Southern Right Whales in the Great Australian Bight. You can wine and dine in award winning restaurants and experience the exciting range of the local fresh food and wine.

Ceduna The region offers a huge choice of coastlines for outdoor activities such as scuba diving, snorkeling, sailing, surfing, or skiing. Fish for the delicious King George whiting, explore the outback or the Nullarbor. With diverse scenery beauty varies from outback wilderness to untouched coastline and cast away islands. Ceduna is set amidst a patchwork of grain farms, natural bush, and rugged rocky bays, secluded white sandy beaches and ever-changing seas. It has the reputation as an ideal tourist destination, with its abundant seafood, footprint-free beaches and wilderness, spectacular sunsets, whale watching and most of all friendly people. You can walk footprint free shores, dive into turquoise waters and feast on fresh seafood plucked straight from the ocean. Ceduna is the last major town before you hit the Nullarbor, it sits perfectly positioned for whale watching on the Great Australian Bight and is a stone's throw away from some of the Eyre Peninsula's best beaches. Explore rockpools and plunge into the crystal waters of Shelley Beach just five minutes from town or road trip an hour and discover the instar-famous pink waters of Lake MacDonnell. If you love oysters then welcome to paradise, Ceduna and nearby Smokey Bay produce almost half of South Australia' oysters.

Cummins This region offers the perfect place to base yourself to not only explore the local agricultural area, but also to travel a little further afield, and check out the multitude of beautiful beaches, salt lakes and rugged coastline. Depending on the time of year you will find sweeping vista of canola, ripe wheat field or beautiful green barley crops surrounding the town. You can visit some of the local museums, take a scenic drive, grab a meal at the local hotel and see what it like living in the beautiful part of the world. Cummins is a vibrant, engaging community which embraces it agricultural heritage and enjoys life within a clean, green landscape. Discover more about where your food comes from, taste the products grown on the land in the surrounding area. Take a short drive to the region's various beaches or stroll down the main street and explore, meet the locals of this friendly country town centrally located within the seafood frontier on the Lower Eyre Peninsula.

Contacts

EFNLHN

Primary Contact Medical Education Unit	Email: Health.EFNLHNMedicalEducationUnit@sa.gov.au
Director of Clinical Training	Name: Dr Alison Lydeamore Email: Alison.Lydeamore@sa.gov.au

Role Description

View Role Description [here](#)

Any further questions?

SA Health Salaried Medical Officers Enterprise Agreement 2022 [here](#)

Australian Health Practitioner Regulation Agency (Ahpra) registration standards [here](#)

For more information

www.sahealth.sa.gov.au

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www.ausgoal.gov.au/creative-commons