



PGY3+ LCLHN Mount Gambier Rural Generalist Anaesthetics

Information Pack 2025 Clinical Year

as of April 2024



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About Rural Generalist Anaesthetics Training

Introduction

We invite you to become part of a collegiate Anaesthetic team consisting of up to five experienced Anaesthetists and GP Anaesthetists as well as a number of junior doctors and medical students.

This full-year role enables the requisite exposure to rural anaesthetic cases to meet the requirements of Australian College of Rural and Remote Medicine Advanced Specialised Training in Anaesthetics (ACRRM AST Anaesthetics) and Royal Australian College of General Practice FRACGP-RG ARST requirements in rural GP Anaesthetics.

This position is available to Postgraduate Year 3 (PGY3+) and above.

We expect the successful candidate to enrol in and complete the new Advanced Certificate in Rural Generalist Anaesthesia (formerly Diploma of Rural Generalist Anaesthesia). This position is best undertaken as part of Rural Generalist training through either College with a view to practicing as a GP Anaesthetist. Preference is given to applicants committed to a career in rural practice within South Australia.

Key Dates

Expressions of Interest open:	Wednesday 12 June 2024 (09:00am)
Expressions of Interest close:	Wednesday 3 July 2024 (close at midnight)
Referee reports close:	Wednesday 10 July 2024
Shortlisting commences:	Wednesday 31 July 2024
Interviews:	To be advised
Round 1 results available to applicants:	Thursday 19 September 2024 1 st preference matches only)
Round 2 results available to applicants (excluding general training):	Thursday 26 September 2024 2 nd or higher preference matches)
Round 3 results available to applicants (excluding general training):	Thursday 3 October 2024 (3 rd or higher preference matches)
Round 4 onwards (including general training):	Thursday 10 October 2024 4 th or higher preference matches)
Start date of Term 1 Clinical Year:	Monday 3 February 2025

Number of positions in 2024 clinical year



Limestone Coast Local Health Network (LCLHN)

About LCLHN

Services available within the Limestone Coast Local Health Network are provided throughout the following locations:

- > Mount Gambier
- > Bordertown
- > Keith
- > Kingston / Robe
- > Lucindale
- > Millicent
- > Penola
- > Naracoorte

Mount Gambier and Districts Health Service (MGDHS)

Limestone Coast residents have access to a wide range of health care services in a number of locations throughout the region. Mount Gambier and Districts Health Service is part of the Limestone Coast Local Health Network. Mount Gambier & Districts Health Service is the major regional health provider for the lower, mid and upper South East Regions with other facilities located nearby in Bordertown, Keith, Kingston, Lucindale, Millicent, Naracoorte and Penola. The catchment area also extends across the border into Western Victoria.

We provide **specialist led** services including:

- > Emergency Department
- > General Medicine
- > Surgery (General Surgery and Orthopaedics)
- > Obstetrics
- > Paediatric
- > Anaesthetic
- > Mental health services
- > Aboriginal health and community health

The Mount Gambier Hospital services and facilities include:

- > Emergency Department including two resuscitation rooms, fast track treatment areas, multiple treatment bays, an infectious isolation room and a separate paediatric area
- > 46 bed Medical Unit including rehabilitation beds
- > 36 bed Surgical Unit
- > 14 bed Level 4 Maternity Unit with 3 birthing suites
- > 2 cot Level 4 neonatal nursery
- > 6 bed Paediatric Unit
- > 6 bed High Dependency Unit
- > 6 bed Mental Health In-patient Unit
- > 11 Day Surgery Chairs
- > 4 Operating Theatres
- > 6 chair Chemotherapy Unit
- > 4 chair Renal Dialysis Unit
- > Outpatient Consulting Suite

Co-located at the Hospital site are the following services:

- > Benson Radiology
- > SA Pathology
- > SA Pharmacy
- > Country Health Connect (Community Allied Health Services)
- > South Australian Dental Services
- > South East Mental Health Services – inpatient, intermediate care and community-based care
- > Rehabilitation Service
- > Aboriginal Health Services – Pangula Mannamurna Aboriginal Corporation (not co-sited but located nearby)

What you can expect from LCLHN**What should employees expect from the role?**

In the Mount Gambier Hospital Anaesthetic Department you will work with Anaesthetists, GPs and Junior Medical Officers in providing peri-operative anaesthetic care of surgical and obstetric patients. You will also have experience in providing a pain service to hospital inpatients and working with more senior members of the team managing patients in the High Dependency Unit, the Emergency Department and across all hospital areas. You will participate in pre-anaesthetics checks within the outpatients Department

Will I be based at Mount Gambier all year? Will I be expected to travel to other country locations?

You will be based in Mount Gambier for the full year. You are likely to also provide services to Millicent Hospital – 30 minutes away.

What are the key outcomes of the program?

The aim of this program is to provide trainees with sufficient clinical experience and supervision support to meet the logbook and work-based assessments of the AST/ARST in GP Anaesthetics and the Advanced Certificate of Rural Generalist Anaesthesia. Candidates will also be supported to meet the external course requirements and assessments to achieve their AST/ARST and set them up to be confident working at the level of a GP Anaesthetist provider.

What are the hours of work and overtime?

This position requires a commitment of 76 hours per fortnight. Participation in the out of hours general anaesthesia on-call roster is required. Some out-of-hours work is required within the roster in order to provide continuity of care and meet logbook requirements.

What education is provided?

The unit has a strong learning focus with weekly small group learning tutorials as well as more formal training. The Advanced Certificate of Rural Generalist Anaesthesia also involves an education program.

How will supervision be provided?

Each day the trainee will work with a nominated supervisor in theatre who will provide direct clinical supervision.

Overall term supervision is provided by the Anaesthetic supervisor of training, an experienced anaesthetist in the Department.

What other support is provided?

The Medical Education Unit have an open-door policy where trainees are welcome to discuss any issues or concerns.

Will the TMO supervise interns/others in their role?

No.

What pathways are there after the year is completed?

Trainees are encouraged to view this position as a step in their pathway to providing rural GP anaesthetic services to a community in rural South Australia.

This position can articulate with:

- > ACRRM and RACGP General Practice training
- > Advanced Certificate of Rural Generalist Anaesthesia
- > Other local training positions including AST/ARST in Emergency Medicine.

Rotations at LCLHN

This position is primarily based in the Anaesthetic Department at Mount Gambier Hospital for the full calendar year. It is not expected that other rotations will be allocated during this period.

Selection into Rural Generalist Anaesthetics Training

About the selection panel

The interviews for this position are held centrally, together with other rural sites.

Eligibility

Both Australian trained candidates currently in PGY2+ and international medical graduates who have general registration and who will have at least 2 years clinical experience upon commencement are eligible to apply for this role. Candidates must have Australian Working Rights to be eligible to apply.

Candidates must be available to work commencing on 3 February 2025.

Skills and knowledge required for the role

Prerequisite Anaesthetic knowledge at PGY2+ level is assumed (see Australian Junior Doctor Curriculum Framework).

Other attributes required for this role include:

- > Interest in experiencing the rural learning environment.
- > Demonstrated high level communication skills both verbally and in writing.
- > Professional integrity and ability to work in a multi-disciplinary team environment.
- > Ability to be adaptable to change.
- > Successfully completed at least one of EMST/ATLS, Emergency Management of Anaesthetic Crises (EMAC), Emergency Life Support (ELS), or have a secure position on an upcoming course for any of the above.
- > Good theoretical knowledge.
- > Knowledge and awareness of quality improvement activities, clinical risk reduction and patient safety techniques.

Selection Process

Our approach to selection

At a minimum the selection process will involve assessing your:

- > Curriculum Vitae
- > Answers to Expression of Interest short answer questions
- > Referee reports
- > Appropriate completion and submission of required documentation

- > An interview.

All Expression of Interests will be scored/ ranked for shortlisting. Eligible applicants will be shortlisted for interview. Shortlisted applicants will be invited to a face-to-face or video conference interview.

SAMET will match the highest ranked candidates to these positions.

Your Expression of Interest

Your Expression of Interest must include:

- > An Expression of Interest addressing the selection criteria.
- > A Curriculum Vitae.
- > Contact details from two referees in Australia who have worked with you in a clinical setting.

Curriculum Vitae

Curriculum Vitae should include:

- > Contact details including email and mobile phone number.
- > Qualifications and academic achievements.
- > Clinical achievements
 - All jobs / clinical placements since commencing medical school
 - Any rural clinical experiences since commencing medical school.
- > Personal Development
- > Successful completion at least one of EMST/ATLS, Emergency Management of Anaesthetic Crises (EMAC), Emergency Life Support (ELS), or have a secure position on an upcoming course for any of the above.
- > Activities which demonstrate your interest in and commitment to rural GP Anaesthetic practice.

Cover letter

Not required.

Other Expression of Interest questions

You will be required to answer the following question in the Expression of Interest form:

- > *In no more than 500 words, describe your experience relevant to and interest in Anaesthetics and rural generalist practice.*

Interview

Applicants who are shortlisted for an interview will be notified by phone and/or email.

The intention of the interview is to ensure that the applicant selected is the best fit for the role. The interview is likely to include an invitation to describe previous experiences and some scenario-based questions with the aim to evaluate candidates against selection criteria which include:

- > *Demonstrated ability to thrive in the rural context.*
- > *Highly effective communication and collaboration skills in the clinical setting.*
- > *Ability to succeed in attaining rural generalist GP Anaesthetics requirements during this position.*

Frequently Asked Questions

I am unsure about moving to the country. Can I visit to look at the facilities prior to finalising my preferences?

We would encourage you to visit our beautiful city and enjoy the rural hospitality. Please let us know if you are planning a visit so that we can facilitate this, for example, with a tour of the hospital and Flinders University Rural Health SA and point you in the direction of touring and entertainment.

Mount Gambier is the second most populated city in South Australia. It is located 17 kms from the Victorian border and lies approximately halfway between both Adelaide and Melbourne making metropolitan adventures easily accessible.

Striking the ideal balance between the vibrant lifestyle of the big city and comforts of a small town. In the heart of the Limestone Coast surrounded by signature wine region boasting social experiences including cellar door, picnics, tours and multiple food and wine festivals throughout the year.

Mount Gambier is the perfect base for exploration of the unique landscape and the natural beauty of our region– be it our iconic blue lake, our many caves, sinkholes, parks and beaches. Mount Gambier offers opportunity for diverse recreational activities including diving, fishing and water sports. For the elite or casual sporting enthusiast Mount Gambier also offers a strong team sport and athletic culture.

Will accommodation be provided?

You will need to arrange your own accommodation. Real estate agents can assist you with this. You will find rentals very affordable compared with the metropolitan area. The median price is \$300-400 per week.

Will I be supported with relocation expenses?

We appreciate that moving house can put a strain on your finances, particularly prior to starting your new job. Please contact us to discuss the relocation support which may be available and the documentation you will be required to provide.

Will I need my own transport?

It is easy to get around Mount Gambier as most locations are only 3-8 minutes away by car, 10-15 minutes by bicycle. There is a limited public transport system (bus) which runs primarily between 9.00 am and 5.00 pm. Private transport is recommended to allow you to explore our beautiful region.

Do I need to arrange for a carpark?

The good news is that parking in all of Mount Gambier is free of charge. There is a secure staff car park on the Hospital site.

Can I get decent coffee and food in Mount Gambier?

Mount Gambier has a wide range of cuisines and fantastic coffee on offer. There are also several farmers' and craft markets operating regularly throughout the South East along with premium wine regions such as the Coonawarra to explore. The hospital has a café on site with a variety of food and coffee options.

Can I get my cultural fix of theatre, music and cinema?

Absolutely! No matter what your interests, the Limestone Coast has you covered. There are a range of food and wine festivals in our signature wine regions, to the Fringe and the various art/music festivals, street parties, market days, surfing competitions and various cycling and golf events. Not to mention Mount Gambier is also the home of the Generations in Jazz.

Sir Robert Helpmann Theatre is a fully equipped multi-purpose arts centre in the heart of Mount Gambier, accommodating a range of theatre, conferences, performing arts, film screening, seminars, music events. While the Riddoch Art Gallery is the largest SA Regional Gallery.

The benefits of being approximately halfway between both Adelaide and Melbourne making metropolitan adventures easily accessible.

Contacts

LCLHN

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Role Description

View Role Description [here](#)

Any further questions?

SA Health Salaried Medical Officers Enterprise Agreement 2022 [here](#)

Australian Health Practitioner Regulation Agency (AHPRA) registration standards [here](#)

For more information

www.sahealth.sa.gov.au

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